



LAWS OF ALASKA

2016

Source

HCS CSSB 200(EDC) am H

Chapter No.

AN ACT

Relating to health education and physical activity requirements for students in grades kindergarten through eight.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF ALASKA:

THE ACT FOLLOWS ON PAGE 1

AN ACT

1 Relating to health education and physical activity requirements for students in grades
2 kindergarten through eight.

3 _____

4 * **Section 1.** AS 14.30.360 is amended by adding new subsections to read:

5 (c) In addition to the health education program encouraged under (a) of this
6 section, a school district shall establish guidelines for schools in the district to provide
7 opportunities during each full school day for students in grades kindergarten through
8 eight for a minimum of 90 percent of the daily amount of physical activity
9 recommended for children and adolescents in the physical activity guidelines by the
10 Centers for Disease Control and Prevention, United States Department of Health and
11 Human Services. The time provided for physical activity under this subsection may
12 include physical education classes and opportunities for unstructured physical activity,
13 such as recess. A school district shall adopt guidelines under this subsection that

14 (1) allow a student to be excused from the physical activity

1 opportunities if the student is unable to participate for a medical reason; and
2 (2) provide an exemption from the physical activity opportunities
3 under this subsection for health and safety reasons, such as inclement weather.
4 (d) In this section, "district" has the meaning given in AS 14.17.990.