

First Regular Session
Seventieth General Assembly
STATE OF COLORADO

ENGROSSED

LLS NO. R15-0805.01 Darren Thornberry x4143

SJR15-007

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SENATE JOINT RESOLUTION 15-007

101 CONCERNING AWARENESS OF HEART DISEASE, AND, IN CONNECTION
102 THEREWITH, DECLARING FEBRUARY 6, 2015, AS "NATIONAL
103 WEAR RED DAY".

1 WHEREAS, Heart disease is the number one killer of women, yet
2 80 percent of cardiac events can be prevented; and

3 WHEREAS, Cardiovascular diseases cause one in three women's
4 deaths each year, killing approximately one woman every minute; and

5 WHEREAS, An estimated 44 million women in the U.S. are
6 affected by cardiovascular diseases; and

7 WHEREAS, Ninety percent of women have one or more risk
8 factors for developing heart diseases, yet only one in five American

Shading denotes HOUSE amendment. Double underlining denotes SENATE amendment.
Capital letters indicate new material to be added to existing statute.
Dashes through the words indicate deletions from existing statute.

SENATE
Final Reading
February 6, 2015

1 women believes that heart disease is her greatest health threat; and

2 WHEREAS, Since 1984, more women than men have died each
3 year from heart disease; and

4 WHEREAS, Women comprise only 24 percent of participants in
5 all heart-related studies; and

6 WHEREAS, Women are less likely to call 911 for themselves
7 when experiencing symptoms of a heart attack than if someone else were
8 having a heart attack; and

9 WHEREAS, Only 43 percent of African American women and 44
10 percent of Hispanic American women know that heart disease is their
11 greatest health risk, compared with 60 percent of Caucasian American
12 women; and

13 WHEREAS, Women involved with the American Heart
14 Association's "Go Red For Women" movement live healthier lives, nearly
15 90 percent having made at least one healthy behavioral change; now,
16 therefore,

17 *Be It Resolved by the Senate of the Seventieth General Assembly*
18 *of the State of Colorado, the House of Representatives concurring herein:*
19

20 (1) That we, the members of the General Assembly, in recognition
21 of the importance of the ongoing fight against heart disease and stroke:

22 (a) Declare Friday, February 6, 2015, to be "National Wear Red
23 Day" and urge all citizens to commemorate the day and show their
24 support for women and the fight against heart disease by wearing the
25 color red; and

- 26 (b) Encourage all Americans to GO RED:
- 27 ! Get your numbers by asking your doctor to check your
 - 28 blood pressure and cholesterol;
 - 29 ! Own your lifestyle by losing weight, eating healthily,
 - 30 exercising, and not smoking;
 - 31 ! Raise your voice by advocating for more women-related
 - 32 research and education;
 - 33 ! Educate your family by making healthy food choices and
 - 34 teaching your children the importance of staying active;

1 ! **Don't be silent: Tell every woman you know that heart**
2 disease is their number one killer. Raise your voice at
3 goredforwomen.org.

4
5 *Be It Further Resolved,* That copies of this Joint Resolution be sent
6 to the Denver and Colorado Springs chapters of the American Heart
7 Association.