



SENATE JOINT RESOLUTION 15-007

BY SENATOR(S) Martinez Humenik and Donovan, Aguilar, Balmer, Baumgardner, Carroll, Cooke, Crowder, Garcia, Grantham, Guzman, Heath, Hill, Hodge, Holbert, Jahn, Johnston, Jones, Kefalas, Kerr, Lambert, Lundberg, Marble, Merrifield, Neville T., Newell, Roberts, Scheffel, Scott, Sonnenberg, Steadman, Ulibarri, Woods, Cadman;

also REPRESENTATIVE(S) Roupe and Primavera, Arndt, Becker J., Becker K., Brown, Buck, Buckner, Carver, Conti, Coram, Court, Danielson, DelGrosso, Dore, Duran, Esgar, Everett, Fields, Foote, Garnett, Ginal, Hamner, Humphrey, Joshi, Kagan, Keyser, Klingenschmitt, Kraft-Tharp, Landgraf, Lawrence, Lebsock, Lee, Lontine, Lundeen, McCann, Melton, Mitsch Bush, Moreno, Navarro, Neville P., Nordberg, Pabon, Pettersen, Priola, Rankin, Ransom, Rosenthal, Ryden, Saine, Salazar, Sias, Singer, Tate, Thurlow, Tyler, Van Winkle, Vigil, Willett, Williams, Wilson, Windholz, Winter, Young, Hullinghorst.

CONCERNING AWARENESS OF HEART DISEASE, AND, IN CONNECTION THEREWITH, DECLARING FEBRUARY 6, 2015, AS "NATIONAL WEAR RED DAY".

WHEREAS, Heart disease is the number one killer of women, yet 80 percent of cardiac events can be prevented; and

WHEREAS, Cardiovascular diseases cause one in three women's deaths each year, killing approximately one woman every minute; and

WHEREAS, An estimated 44 million women in the U.S. are affected by cardiovascular diseases; and

WHEREAS, Ninety percent of women have one or more risk factors for developing heart diseases, yet only one in five American women believes that heart disease is her greatest health threat; and

WHEREAS, Since 1984, more women than men have died each year

from heart disease; and

WHEREAS, Women comprise only 24 percent of participants in all heart-related studies; and

WHEREAS, Women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than if someone else were having a heart attack; and

WHEREAS, Only 43 percent of African American women and 44 percent of Hispanic American women know that heart disease is their greatest health risk, compared with 60 percent of Caucasian American women; and

WHEREAS, Women involved with the American Heart Association's "Go Red For Women" movement live healthier lives, nearly 90 percent having made at least one healthy behavioral change; now, therefore,

Be It Resolved by the Senate of the Seventieth General Assembly of the State of Colorado, the House of Representatives concurring herein:

(1) That we, the members of the General Assembly, in recognition of the importance of the ongoing fight against heart disease and stroke:

(a) Declare Friday, February 6, 2015, to be "National Wear Red Day" and urge all citizens to commemorate the day and show their support for women and the fight against heart disease by wearing the color red; and

(b) Encourage all Americans to GO RED:

- ! **Get your numbers** by asking your doctor to check your blood pressure and cholesterol;
- ! **Own your lifestyle** by losing weight, eating healthily, exercising, and not smoking;
- ! **Raise your voice** by advocating for more women-related research and education;
- ! **Educate your family** by making healthy food choices and teaching your children the importance of staying active;
- ! **Don't be silent:** Tell every woman you know that heart disease is their number one killer. Raise your voice at goredforwomen.org.

Be It Further Resolved, That copies of this Joint Resolution be sent to the Denver and Colorado Springs chapters of the American Heart Association.

Bill L. Cadman
PRESIDENT OF
THE SENATE

Dickey Lee Hullinghorst
SPEAKER OF THE HOUSE
OF REPRESENTATIVES

Cindi L. Markwell
SECRETARY OF
THE SENATE

Marilyn Eddins
CHIEF CLERK OF THE HOUSE
OF REPRESENTATIVES