

General Assembly

Raised Bill No. 401

February Session, 2024

LCO No. 2716



Referred to Committee on INSURANCE AND REAL ESTATE

Introduced by: (INS)

AN ACT CONCERNING THE AVAILABILITY OF TELEHEALTH PROVIDERS IN DETERMINING NETWORK ADEQUACY AND EXTENDING THE TELEHEALTH PROVISIONS ADOPTED DURING THE COVID-19 PANDEMIC.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

- 1 Section 1. Subsection (c) of section 38a-472f of the 2024 supplement to
- 2 the general statutes is repealed and the following is substituted in lieu
- 3 thereof (*Effective July 1, 2024*):
- 4 (c) (1) (A) Each health carrier shall establish and maintain a network
- 5 that includes a sufficient number and appropriate types of participating
- 6 providers, including those that serve predominantly low-income,
- 7 medically underserved individuals, to assure that all covered benefits
- 8 will be accessible to all such health carrier's covered persons without
- 9 unreasonable travel or delay.
- 10 (B) Covered persons shall have access to emergency services and, to
- 11 the extent urgent crisis center services are available, urgent crisis center
- 12 services, twenty-four hours a day, seven days a week. For the purposes
- 13 of this subparagraph, "emergency services" and "urgent crisis center

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services" have the same meanings as provided in section 38a-477aa.

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(2) The Insurance Commissioner shall determine the sufficiency of a health carrier's network in accordance with the provisions of this subsection and may establish sufficiency by reference to any reasonable criteria, including, but not limited to, (A) the ratio of participating providers to covered persons by specialty, (B) the ratio of primary care providers to covered persons, (C) the geographic accessibility of participating providers, (D) the geographic variation and dispersion of the state's population, (E) the wait times for appointments with participating providers, (F) the hours of operation of participating providers, (G) the ability of the network to meet the needs of covered persons that may include low-income individuals, children and adults with serious, chronic or complex conditions or physical or mental disabilities or individuals with limited English proficiency, (H) the availability of other health care delivery system options, such as centers of excellence and mobile clinics, (I) the volume of technological and specialty care services available to serve the needs of covered persons who require technologically advanced or specialty care services, (J) the extent to which participating health care providers are accepting new patients, (K) the degree to which (i) participating health care providers are authorized to admit patients to hospitals participating in the network, and (ii) hospital-based health care providers are participating providers, [and] (L) the regionalization of specialty care, and (M) the availability of participating providers to provide health care services or treatment through telehealth, as defined in section 19a-906.

Sec. 2. Subsections (b) to (l), inclusive, of section 1 of public act 21-9, as amended by section 3 of public act 21-133 and section 32 of public act 22-81, are repealed and the following is substituted in lieu thereof (*Effective from passage*):

(b) (1) Notwithstanding the provisions of section 19a-906 of the general statutes, as amended by [this act] <u>public act 22-81</u>, during the period beginning on May 10, 2021, and ending on June 30, [2024] <u>2029</u>, a telehealth provider may only provide a telehealth service to a patient

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47 when the telehealth provider:

- 48 (A) Is communicating through real-time, interactive, two-way 49 communication technology or store and forward transfer technology;
 - (B) Has determined whether the patient has health coverage that is fully insured, not fully insured or provided through the Connecticut medical assistance program, and whether the patient's health coverage, if any, provides coverage for the telehealth service;
 - (C) Has access to, or knowledge of, the patient's medical history, as provided by the patient, and the patient's health record, including the name and address of the patient's primary care provider, if any;
 - (D) Conforms to the standard of care applicable to the telehealth provider's profession and expected for in-person care as appropriate to the patient's age and presenting condition, except when the standard of care requires the use of diagnostic testing and performance of a physical examination, such testing or examination may be carried out through the use of peripheral devices appropriate to the patient's condition; and
 - (E) Provides the patient with the telehealth provider's license number, if any, and contact information.
 - (2) Notwithstanding the provisions of section 19a-906 of the general statutes, as amended by [this act] <u>public act 22-81</u>, if a telehealth provider provides a telehealth service to a patient during the period beginning on May 10, 2021, and ending on June 30, [2024] <u>2029</u>, the telehealth provider shall, at the time of the telehealth provider's first telehealth interaction with a patient, inform the patient concerning the treatment methods and limitations of treatment using a telehealth platform, including, but not limited to, the limited duration of the relevant provisions of this section and sections 3 to 7, inclusive, of public act 21-9, as amended by <u>public act 22-81 and</u> this act, and, after providing the patient with such information, obtain the patient's consent to provide telehealth services. The telehealth provider shall document such notice and consent in the patient's health record. If a

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patient later revokes such consent, the telehealth provider shall document the revocation in the patient's health record.

- (c) Notwithstanding the provisions of this section or title 20 of the general statutes, no telehealth provider shall, during the period beginning on May 10, 2021, and ending on June 30, [2024] 2029, prescribe any schedule I, II or III controlled substance through the use of telehealth, except a schedule II or III controlled substance other than an opioid drug, as defined in section 20-140 of the general statutes, in a manner fully consistent with the Ryan Haight Online Pharmacy Consumer Protection Act, 21 USC 829(e), as amended from time to time, for the treatment of a person with a psychiatric disability or a person with a substance use disorder, as defined in section 17a-458 of the general statutes, including, but not limited to, medication-assisted treatment. A telehealth provider using telehealth to prescribe a schedule II or III controlled substance pursuant to this subsection shall electronically transmit the prescription pursuant to section 21a-249 of the general statutes, as amended by public act 21-9, as amended by this <u>act</u>.
- (d) During the period beginning on May 10, 2021, and ending on June 30, [2024] 2029, each telehealth provider shall, at the time of the initial telehealth interaction, ask the patient whether the patient consents to the telehealth provider's disclosure of records concerning the telehealth interaction to the patient's primary care provider. If the patient consents to such disclosure, the telehealth provider shall provide records of all telehealth interactions during such period to the patient's primary care provider, in a timely manner, in accordance with the provisions of sections 20-7b to 20-7e, inclusive, of the general statutes.
- (e) During the period beginning on May 10, 2021, and ending on June 30, [2024] 2029, any consent or revocation of consent under this section shall be obtained from or communicated by the patient, or the patient's legal guardian, conservator or other authorized representative, as applicable.

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(f) (1) The provision of telehealth services and health records maintained and disclosed as part of a telehealth interaction shall comply with all provisions of the Health Insurance Portability and Accountability Act of 1996, P.L. 104-191, as amended from time to time, and the rules and regulations adopted thereunder, that are applicable to such provision, maintenance or disclosure.

(2) Notwithstanding the provisions of section 19a-906 of the general statutes, as amended by [this act] <u>public act 22-81</u>, and subdivision (1) of this subsection, a telehealth provider that is an in-network provider or a provider enrolled in the Connecticut medical assistance program that provides telehealth services to a Connecticut medical assistance program recipient, may, during the period beginning on May 10, 2021, and ending on June 30, [2024] <u>2029</u>, use any information or communication technology in accordance with the directions, modifications or revisions, if any, made by the Office for Civil Rights of the United States Department of Health and Human Services to the provisions of the Health Insurance Portability and Accountability Act of 1996, P.L. 104-191, as amended from time to time, or the rules and regulations adopted thereunder.

(g) Notwithstanding any provision of the general statutes, nothing in this section shall, during the period beginning on May 10, 2021, and ending on June 30, [2024] 2029, prohibit a health care provider from: (1) Providing on-call coverage pursuant to an agreement with another health care provider or such health care provider's professional entity or employer; (2) consulting with another health care provider concerning a patient's care; (3) ordering care for hospital outpatients or inpatients; or (4) using telehealth for a hospital inpatient, including for the purpose of ordering medication or treatment for such patient in accordance with the Ryan Haight Online Pharmacy Consumer Protection Act, 21 USC 829(e), as amended from time to time. As used in this subsection, "health care provider" means a person or entity licensed or certified pursuant to chapter 370, 372, 373, 375, 376 to 376b, inclusive, 378, 379, 380, 381a, 383 to 383c, inclusive, 384b, 397a, 399 or 400j of the general statutes or licensed or certified pursuant to chapter

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144 368d or 384d of the general statutes.

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- (h) Notwithstanding any provision of the general statutes, no telehealth provider shall charge a facility fee for a telehealth service provided during the period beginning on May 10, 2021, and ending on June 30, [2024] 2029.
 - (i) (1) Notwithstanding any provision of the general statutes, no telehealth provider shall provide health care or health services to a patient through telehealth during the period beginning on May 10, 2021, and ending on June 30, [2024] 2029, unless the telehealth provider has determined whether or not the patient has health coverage for such health care or health services.
- 155 (2) Notwithstanding any provision of the general statutes, a 156 telehealth provider who provides health care or health services to a 157 patient through telehealth during the period beginning on May 10, 2021, 158 and ending on June 30, [2024] 2029, shall [:
- 159 (A) Accept] <u>accept</u> as full payment for such health care or health services:
 - [(i)] (A) An amount that is equal to the amount that Medicare reimburses for such health care or health services if the telehealth provider determines that the patient does not have health coverage for such health care or health services; or
 - [(ii)] (B) The amount that the patient's health coverage reimburses, and any coinsurance, copayment, deductible or other out-of-pocket expense imposed by the patient's health coverage, for such health care or health services if the telehealth provider determines that the patient has health coverage for such health care or health services. If the patient's health coverage uses a provider network, the amount of such reimbursement, and such coinsurance, copayment, deductible or other out-of-pocket expense, shall not exceed the in-network amount regardless of the network status of such telehealth provider.

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(3) If a telehealth provider determines that a patient is unable to pay for any health care or health services described in subdivisions (1) and (2) of this subsection, the provider shall offer to the patient financial assistance, if such provider is otherwise required to offer to the patient such financial assistance, under any applicable state or federal law.

- (j) Subject to compliance with all applicable federal requirements, notwithstanding any provision of the general statutes, state licensing standards or any regulation adopted thereunder, a telehealth provider may provide telehealth services pursuant to the provisions of this section from any location.
- (k) Notwithstanding the provisions of section 19a-906 of the general statutes, as amended by [this act] <u>public act 22-81</u>, during the period beginning on May 10, 2021, and ending on June 30, [2024] <u>2029</u>, any Connecticut entity, institution or health care provider that engages or contracts with a telehealth provider that is licensed, certified or registered in another state or territory of the United States or the District of Columbia to provide health care or other health services shall verify the credentials of such provider in the state in which he or she is licensed, certified or registered, ensure that such provider is in good standing in such state, and confirm that such provider maintains professional liability insurance or other indemnity against liability for professional malpractice in an amount that is equal to or greater than that required for similarly licensed, certified or registered Connecticut health care providers.
- (l) Notwithstanding sections 4-168 to 4-174, inclusive, of the general statutes, from the period beginning on May 10, 2021, and ending on June 30, [2024] 2029, the Commissioner of Public Health may temporarily waive, modify or suspend any regulatory requirements adopted by the Commissioner of Public Health or any boards or commissions under chapters 368a, 368d, 368v, 369 to 381a, inclusive, 382a, 383 to 388, inclusive, 397a, 398, 399, 400a, 400c, 400j and 474 of the general statutes as the Commissioner of Public Health deems necessary to reduce the spread of COVID-19 and to protect the public health for the purpose of

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providing residents of this state with telehealth services from out-ofstate practitioners.

- Sec. 3. Subsection (b) of section 3 of public act 21-9, as amended by section 35 of public act 22-81, is repealed and the following is substituted in lieu thereof (*Effective from passage*):
- 212 (b) Notwithstanding any provision of the general statutes, each 213 individual health insurance policy that provides coverage of the type 214 specified in subdivisions (1), (2), (4), (11) and (12) of section 38a-469 of 215 the general statutes that is effective at any time during the period 216 beginning on May 10, 2021, and ending on June 30, [2024] 2029, shall, at 217 all times that the policy remains in effect during such period, provide 218 coverage for medical advice, diagnosis, care or treatment provided 219 through telehealth, to the same extent coverage is provided for such 220 advice, diagnosis, care or treatment when provided to the insured in 221 person. The policy shall not, at any time during such period, exclude 222 coverage for a service that is appropriately provided through telehealth 223 because such service is provided through telehealth or a telehealth 224 platform selected by an in-network telehealth provider.
- Sec. 4. Subsection (b) of section 4 of public act 21-9, as amended by section 36 of public act 22-81, is repealed and the following is substituted in lieu thereof (*Effective from passage*):

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(b) Notwithstanding any provision of the general statutes, each group health insurance policy that provides coverage of the type specified in subdivisions (1), (2), (4), (11) and (12) of section 38a-469 of the general statutes that is effective at any time during the period beginning on May 10, 2021, and ending on June 30, [2024] 2029, shall, at all times that the policy remains in effect during such period, provide coverage for medical advice, diagnosis, care or treatment provided through telehealth, to the same extent coverage is provided for such advice, diagnosis, care or treatment when provided to the insured in person. The policy shall not, at any time during such period, exclude coverage for a service that is appropriately provided through telehealth

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239 because such service is provided through telehealth or a telehealth 240 platform selected by an in-network telehealth provider.

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- Sec. 5. Subsection (b) of section 5 of public act 21-9, as amended by 242 section 37 of public act 22-81, is repealed the following is substituted in 243 lieu thereof (*Effective from passage*):
- 244 (b) Notwithstanding any provision of the general statutes, no health 245 carrier shall reduce the amount of a reimbursement paid to a telehealth 246 provider for covered health care or health services that the telehealth 247 provider appropriately provided to an insured through telehealth 248 during the period beginning on May 10, 2021, and ending on June 30, 249 [2024] 2029, because the telehealth provider provided such health care 250 or health services to the patient through telehealth and not in person.
- 251 Sec. 6. Subsection (b) of section 7 of public act 21-9, as amended by 252 section 38 of public act 22-81, is repealed and the following is substituted in lieu thereof (*Effective from passage*): 253
 - (b) Notwithstanding the provisions of sections 21a-408 to 21a-408n, inclusive, of the general statutes, or any other section, regulation, rule, policy or procedure concerning the certification of medical marijuana patients, a physician or advanced practice registered nurse may issue a written certification to a qualifying patient and provide any follow-up care using telehealth services during the period beginning on May 10, 2021, and ending on June 30, [2024] <u>2029</u>, provided all other requirements for issuing the written certification to the qualifying patient and all recordkeeping requirements are satisfied.
 - Sec. 7. Subdivision (5) of subsection (c) of section 21a-249 of the 2024 supplement to the general statutes is repealed and the following is substituted in lieu thereof (*Effective from passage*):
 - (5) The practitioner demonstrates, in a form and manner prescribed by the commissioner, that such practitioner does not have the technological capacity to issue an electronically transmitted prescription. For the purposes of this subsection, "technological

LCO No. 2716 **9** of 10 capacity" means possession of a computer system, hardware or device that can be used to electronically transmit controlled substance prescriptions consistent with the requirements of the federal Controlled Substances Act, 21 USC 801, as amended from time to time. The provisions of this subdivision shall not apply to a practitioner when such practitioner is prescribing as a telehealth provider, as defined in section 19a-906, section 1 of public act 20-2 of the July special session or section 1 of public act 21-9, as amended by section 32 of public act 22-81 and this act, as applicable, pursuant to subsection (c) of section 19a-906, subsection (c) of section 1 of public act 20-2 of the July special session or subsection (c) of section 1 of public act 21-9, as amended by section 32 of public act 22-81, as applicable.

This act shall take effect as follows and shall amend the following sections:		
Section 1	July 1, 2024	38a-472f(c)
Sec. 2	from passage	PA 21-9, Sec. 1(b) to (l)
Sec. 3	from passage	PA 21-9, Sec. 3(b)
Sec. 4	from passage	PA 21-9, Sec. 4(b)
Sec. 5	from passage	PA 21-9, Sec. 5(b)
Sec. 6	from passage	PA 21-9, Sec. 7(b)
Sec. 7	from passage	21a-249(c)(5)

Statement of Purpose:

To (1) allow the Insurance Commissioner to consider the availability of telehealth providers in determining the sufficiency of a health carrier's network, and (2) extend the telehealth provisions adopted during the COVID-19 pandemic.

[Proposed deletions are enclosed in brackets. Proposed additions are indicated by underline, except that when the entire text of a bill or resolution or a section of a bill or resolution is new, it is not underlined.]

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