

COUNCIL OF THE DISTRICT OF COLUMBIA THE JOHN A. WILSON BUILDING 1350 PENNSYLVANIA AVENUE, NW WASHINGTON, D.C. 20004

CHRISTINA HENDERSON Councilmember, At-Large Chairperson, Committee on Health **Committee Member** Hospital and Health Equity Judiciary and Public Safety Transportation and the Environment

Statement of Introduction Expanding Access to Fertility Treatment Amendment Act of 2023 January 13, 2023

Today, I am proud to introduce the Expanding Access to Fertility Treatment Amendment Act of 2023, along with Councilmembers Kenyan McDuffie, Matthew Frumin, Robert C. White, Jr., Zachary Parker, Brianne K. Nadeau, Brooke Pinto, Janeese Lewis George, and Charles Allen. This legislation would expand coverage provided through private insurers, Medicaid and the DC Healthcare Alliance to include diagnosis and treatment for infertility.

About 11% of women of reproductive age and 9% of men in the United States have experienced fertility problems, delaying their ability to start families. And yet, the cost of diagnosis and treatment is inaccessible for many. The average in-vitro fertilization cycle can cost between \$20,000 to \$25,000. In the United States, 70% of women who undergo IVF go into debt to cover the cost, approximately 30,00 on average, which often causes treatment delays—34% of women stopped treatment because of unaffordability.

We know that women without insurance coverage are 3 times more likely to discontinue treatment after 1 cycle, compared to women with insurance coverage. To combat this unjust and inequitable access to one's human right, 20 states have passed fertility insurance coverage laws, including neighboring Maryland and West Virginia.

State mandated coverage has been shown to increase 3-fold the use of infertility services, which is also linked to better public health outcomes. Additionally, insurance coverage also reduces the likelihood of births of multiples to one mother, given that the financial pressure to transfer more than one to two embryos is reduced. This reduces the risk of complications and adverse health effects for the mother.

In addition to these risks faced by all mothers, Black and brown moms often wade through infertility silently and do not seek treatments like IVF as frequently as white mothers. Specifically, according to the CDC's most recent analysis¹, 8% of Black women age 25 to 44 seek medical help to get pregnant, while 15% of white women do so. As mentioned, state mandated coverage is proved to increase utilization of assisted reproductive technologies.

This bill would mandate private insurers, Medicaid, and the DC Healthcare Alliance to offer coverage for diagnosis and treatment of infertility. This legislation explicitly prohibits health insurers from:

¹ Center for Disease Control and Prevention, "Infertility Service Use in the United States: Data From the National Survey of Family Growth, 1982–2010" 2014. www.edc.gov/nchs/data/nhsr/nhsr073.pdf



- Imposing additional costs, waiting periods, or other limitations on converge for the diagnosis of infertility;
- Placing pre-existing condition exclusions or waiting periods on coverage for the treatment of infertility, or using prior treatment for infertility as a basis for excluding, limiting or otherwise restricting coverage; and
- Limiting on coverage for fertility treatment based on a class protected under the Human Rights Act.

I am glad that this bill received a hearing during Council Period 24 when I first introduced it. Many people expressed their support for the bill and outlined the positive impact it would have for people trying to start a family.

I look forward to working with my colleagues to enhance coverage offered for future mothers and families in the District.

Councilmember Christina Henderson Councilmember Kenyan McDuffie Councilmember Zachary Parker Councilmember Janeese Lewis George Councilmember Robert C. White, Jr. Councilmember Charles Allen el Nade Councilmember Matthew Frumin Councilmember Brianne K. Nadeau Councilmember Brooke Pinto AN ACT IN THE COUNCIL OF THE DISTRICT OF COLUMBIA To amend the Women's Health and Cancer Rights Federal Law Conformity Act of 2000 to require an individual health plan, group plan, or health insurer offering health insurance coverage through Medicaid and the D.C. Healthcare Alliance program to provide coverage for the diagnosis and treatment of infertility. BE IT ENACTED BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this act may be cited as the "Expanding Access to Fertility Treatment Amendment Act of 2023". Sec. 2. The Women's Health and Cancer Rights Federal Law Conformity Act of 2000, effective April 3, 2001 (D.C. Law 13-254; D.C. Official Code § 31-3831 et seq.) is amended to add a new section 5f to read as follows: "Sec. 5f. Coverage of Fertility Treatments.

| 40 | "(a)(1) Beginning January 1, 2025, an individual health plan, group health plan, health |
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| 41 | insurer, and a health insurer offering health insurance coverage through Medicaid and the D.C. |
| 42 | Healthcare Alliance program shall provide coverage for the diagnosis and treatment of infertility, |
| 43 | including in vitro fertilization. |
| 44 | "(2) Every insurer shall communicate the availability of coverage to all |
| 45 | policyholders and to all prospective group policyholders with whom they are negotiating. |
| 46 | "(b) Coverage for the treatment of infertility shall be provided without discrimination on |
| 47 | the basis of age, ancestry, disability, domestic partner status, gender, gender expression, gender |
| 48 | identity, genetic information, marital status, national origin, race, religion, sex, or sexual |
| 49 | orientation. |
| 50 | "(c) A health insurer shall not impose: |
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| 51 | "(1) Deductibles, copayments, coinsurance, benefit maximums, waiting |
| 51 52 | "(1) Deductibles, copayments, coinsurance, benefit maximums, waiting periods or any other limitations on coverage for the diagnosis and treatment of infertility, |
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| 52 | periods or any other limitations on coverage for the diagnosis and treatment of infertility, |
| 52 53 | periods or any other limitations on coverage for the diagnosis and treatment of infertility, including the prescription of fertility medications, different from those imposed upon benefits for |
| 52 53 54 | periods or any other limitations on coverage for the diagnosis and treatment of infertility, including the prescription of fertility medications, different from those imposed upon benefits for services not related to infertility; |
| 52 53 54 55 | periods or any other limitations on coverage for the diagnosis and treatment of infertility, including the prescription of fertility medications, different from those imposed upon benefits for services not related to infertility; "(2) Pre-existing condition exclusions or pre-existing condition waiting periods |
| 52 53 54 55 56 | periods or any other limitations on coverage for the diagnosis and treatment of infertility, including the prescription of fertility medications, different from those imposed upon benefits for services not related to infertility; "(2) Pre-existing condition exclusions or pre-existing condition waiting periods on coverage for the diagnosis and treatment of infertility or use any prior diagnosis of or prior |
| 52 53 54 55 56 57 | periods or any other limitations on coverage for the diagnosis and treatment of infertility, including the prescription of fertility medications, different from those imposed upon benefits for services not related to infertility; "(2) Pre-existing condition exclusions or pre-existing condition waiting periods on coverage for the diagnosis and treatment of infertility or use any prior diagnosis of or prior treatment for infertility as a basis for excluding, limiting, or otherwise restricting the availability |
| 52 53 54 55 56 57 58 | periods or any other limitations on coverage for the diagnosis and treatment of infertility, including the prescription of fertility medications, different from those imposed upon benefits for services not related to infertility; "(2) Pre-existing condition exclusions or pre-existing condition waiting periods on coverage for the diagnosis and treatment of infertility or use any prior diagnosis of or prior treatment for infertility as a basis for excluding, limiting, or otherwise restricting the availability of coverage for required benefits; or |

December 13, 1977 (D.C. Law 2-38; D.C. Official Code § 2-1401.01 *et seq.*) than that provided
to, or required of, other patients.

64 "(d) Nothing in this section shall be construed to interfere with the clinical judgment of a65 physician and surgeon.

66 "(e)(1) A health insurer offering health insurance coverage to an employer organized and
67 operating as a nonprofit entity and referred to in section 6033(a)(3)(A)(i) or (iii) of the Internal
68 Revenue Code of 1986, approved October 22, 1986 (100 Stat. 2740; 26 U.S.C. §

69 6033(a)(3)(A)(i) or (iii)) may issue a health insurance policy that excludes coverage for methods

of diagnosis and treatment of infertility that are contrary to the employer's bona fide religious

71 tenets.

"(2) Any health insurance policy issued pursuant to this subsection shall provide
written notice to each insured or prospective insured that methods of diagnosis and treatment of
infertility are excluded from the policy coverage.

75 "(f) For the purposes of this section, the term:

"(1) "Infertility" means the condition of an individual who is unable to conceive
or produce conception or sustain a successful pregnancy during a one-year period or such
treatment is medically necessary.

"(2) "Treatment for infertility" means procedures consistent with established
medical practices in the treatment of infertility by licensed physicians and surgeons, including,
but not limited to, diagnosis, diagnostic tests, medication, surgery, and gamete intrafallopian
transfer."

83 Sec. 3. Fiscal impact statement.

84 The Council adopts the fiscal impact statement in the committee report as the fiscal

| 85 | impact statement required by section 4a of the General Legislative Procedures Act of 1975, |
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| 86 | approved October 16, 2006 (120 Stat. 2038; D.C. Official Code § 1-301.47a). |
| 87 | Sec. 4. Effective date. |
| 88 | This act shall take effect following approval by the Mayor (or in the event of veto by the |
| 89 | Mayor, action by the Council to override the veto), a 30-day period of congressional review as |
| 90 | provided in section 602(c)(1) of the District of Columbia Home Rule Act, approved December |
| 91 | 24, 1973 (87 Stat. 813; D.C. Official Code § 1-206.02(c)(1)), and publication in the District of |
| 92 | Columbia Register. |