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OFFICE OF THE
SECRETARY

MURIEL BOWSER
MAYOR

FEB 22 2018

The Honorable Phil Mendelson
Chairman
Council of the District of Columbia
John A. Wilson Building
1350 Pennsylvania Avenue NW, Suite 504
Washington, DC 20004

Dear Chairman Mendelson:

In accordance with section 2 of the Confirmation Act of 1978, effective March 3, 1979 (D.C. Law 2-142; D.C. Official Code § 1-523.01, and pursuant to section 212 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.12), which established the Board of Social Work ("Board"), I am pleased to nominate the following person:

Ms. Kimberly Washington
528 Shepherd Street NW
Washington, DC 20011
(Ward 4)

for appointment as an independent clinical social worker licensed in the District member of the Board, replacing Mywen Baysah, for a term to end March 3, 2021.

Enclosed, you will find biographical information detailing the experience of the above-mentioned nominee, together with a proposed resolution to assist the Council during the confirmation process.

I would appreciate the Council's earliest consideration of this nomination for confirmation. Please do not hesitate to contact me, or Steven Walker, Director, Mayor's Office of Talent and Appointments, should the Council require additional information.

Sincerely,

A handwritten signature in black ink, appearing to read "Muriel Bowser".

Muriel Bowser



Chairman Phil Mendelson
at the request of the Mayor

A PROPOSED RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

Chairman Phil Mendelson, at the request of the Mayor, introduced the following resolution,
which was referred to the Committee on _____

To confirm the appointment of Ms. Kimberly Washington to the Board of Social Work.

RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, THAT this resolution may be cited as the "Board of Social Work Kimberly Washington Confirmation Resolution of 2018".

Sec. 2. The Council of the District of Columbia confirms the appointment of:

Ms. Kimberly Washington
528 Shepherd Street NW
Washington, DC 20011
(Ward 4)

as an independent clinical social worker licensed in the District member of the Board pursuant to section 212 of the District of Columbia Health Occupations Revision Act of 1985, effective March 25, 1986 (D.C. Law 6-99; D.C. Official Code § 3-1202.12), replacing Mywen Baysah, for a term to end March 3, 2021.

Sec. 3. The Council of the District of Columbia shall transmit a copy of this resolution, upon its adoption, to the nominee and to the Office of the Mayor.

Sec. 4. This resolution shall take effect immediately.

Kimberly T. Washington

[REDACTED]

Education

University of Maryland, Baltimore **May 17, 2013**
School of Social Work, MSW
Concentration: Clinical, Mental Health **GPA: 3.93**

University of the District of Columbia **May 1998**
Bachelor of Arts in English Studies

Licensure

District Of Columbia, LICSW LC50080525
Maryland, LCSW-C 19494
Virginia, LSW 0903001993

Certification/Fellowships

-President's (UMB) Student Leadership Institute (PSLI) 2012 - 2013
-Master Addictions Counselor (NAADAC) 2016
-Advanced Conflict Management in Behavioral Healthcare 2016
(DC Department of Behavioral Health)
-Masters Faculty Scholars Fellow 2015- June 2016
George Washington University
Center For Aging Health and Humanities

Professional Work Experience

Clinical Manager **September 2015-Present**

St. Jude's Project, Therapeutic Patient Navigation

Catholic Charities, Archdiocese of DC

- Provides comprehensive management of the clinical program
- Ensures the program and services are in accord with best practice standards
- Researched and implemented evidenced-based models to design of program
- Provided scholarly frame work for program model of care
- Apply population-based healthcare principles for patients in a healthcare setting
- Oversees fiscal, operational, administrative, staff management, and quality practices
- Oversee program operations based on the grant requirements
- Manages team, and program volunteer therapists
- Assess clients for direct services and care goals
- Treat behavioral health patients utilizing psychosocial plans targeting medical and/or psychological aspects of health
- Develops treatment plan for clients and their caregivers
- Manage clinical implementation of program practice
- Deliver and coordinate services to individuals and families and maintain direct ongoing contact
- Engage patients in facilitating lifestyle changes by applying behavioral and/or self-management techniques.
- Provides individual and group counseling to program clients

Kimberly T. Washington



- Develops opportunities in the community for interns to broaden learning experiences
- Creates program documents and assessment tools for program
- Collaborates with professional organizations in other disciplines to deliver patient care
- Serves as liaison between the program and government and community partners
- Promotes program through outreach and education to local community, parishes, and hospitals
- Makes presentations to agency and public to educate and inform about medical care treatment and care
- Develops qualitative process for analyzing and monitoring program effectiveness
- Trains staff faculty, for trauma informed care classes
- Prepare grant and stewardship reports for funder
- Reviews budget for changes in expenditures and expenses

Addictions Counselor I

September 2014 – August 2017

(Part-time Co-facilitator of Substance Abuse Group)

Kolmac Clinic, WDC

- Facilitated weekly substance treatment group
- Provided brief counseling to addicted patients
- Assisted patients with developing quarterly recovery plan
- Developed coping mechanisms with patients
- Documents the individual process of the patient's recovery process
- Assists clients in utilizing the therapeutic services of the clinic
- Monitored reaction to psychotropic medications
- Provides appropriate interventions for various phases of the treatment group
- Coordinates drug testing results between clinic and patient
- Meets with family members and provide guidance and support

Community Transition Specialist –

January 2015 – September 2015

Community/Nursing Facility

DC Office on Aging, District of Columbia Government

- Obtained pertinent biopsychosocial history and other case information
- Provided brief and focused bio-psychosocial assessments for patients in a primary care setting
- Determined eligibility of patient to return from facility to community
- Documented interviews, and evaluates the relevance of information collected to the problem described by the client
- Developed initial tentative conclusions as to appropriate referral sources or recommended treatment
- Consult with interdisciplinary team members to determine patient care decisions
- Prepared case folders, and incorporates notes and appropriate forms in the folders
- Assisted patient in obtaining necessary services for transition
- Provided basic counseling services to clients and family members
- Formulate diagnostic and/or treatment recommendations

Kimberly T. Washington

[REDACTED]

- for behavioral health patients to determine necessary care
- Provided information on available resources and services available
- Participated with the development and implementation of outreach/prevention
- Responded to crisis oriented request in the community

Team Lead/Mobile Stabilization Services

December 2013 – January 2015

Field Instructor/Task Supervisor - Field Placement

Catholic Charities, Archdiocese of DC

(In-home therapist w/Foster families)

- Assisted with creating and launching and designing the program
- Provided brief therapy services for youth and foster parents in home
- Acted as back-up supervisor for stabilization team
- Assessed mental health history, therapeutic needs, and service eligibility of the clients
- Cultivated program procedures and operating standards
- Created program documents and assessment tools for program
- Provided supervision for graduate Social Work Interns
- Researched and establish therapy protocols for interventions
- Developed, writes and implements crisis, support and treatment plans
- Collaborated with multi-disciplinary team regarding treatment planning and implementation
- Conducted intake evaluations/screenings, psychosocial evaluations with client and family members
- Provided clinical services using an approved theoretical approach
- Delivered emergency and crisis services to avoid foster placement disruption
- Developed and maintains client case records, plans and reports
- Worked as liaison and consults with families, schools and community agencies to coordinate services
- Provided psycho-education to enable clients to identify related causes of symptoms
- Assisted foster parents in developing behavioral symptom management techniques
- Cultivated outreach programming and presentation to community organizations

Mental Health & Substance Abuse Specialist

July – October 2013

(Ryan White Funding Ended & Eliminated position)

MetroHealth/Carl Vogel Health Center and Clinic, WDC

- Facilitated weekly mental health and substance abuse groups
- Co-facilitated Psycho-Educational groups weekly
- Coordinated resources for all treatment groups
- Conducted initial mental health and substance abuse assessments
- Provided individual one on one counseling
- Explored stigma and disclosure issues with HIV positive clients
- Coordinated guest speakers for topical groups
- Developed mental health programming based on the needs of the clients
- Designed, developed, and coordinated all substance abuse recovery programs
- Initiated and maintained accurate and timely documentation including treatment plans, progress notes, and monthly notes
- Collaborated with all members of the clinic treatment team on patient care
- Assessed Transgender clients for readiness of hormone therapy.

Kimberly T. Washington

528 Shepherd Street, NW, Washington, DC 20011

Phone (202) 423-4174

Email: kimberlytwashington7@gmail.com

- Conducted and cultivated outreach opportunities with the HIV and mental health care communities.
- Wrote and designed marketing literature for mental health and substance abuse department
- Engaged in sex psycho-education and prevention strategies with HIV positive clients

Graduate Work Experience

Psychotherapist

September 2012- April 2013 Whitman

Walker Health Clinic, Behavioral Health/Austin Center, WDC

- Led psychotherapy groups using multi-model approaches
- Utilized CBT, behavioral therapy and expressive arts in therapeutic interventions
- Provided behavioral health support to HIV positive clients in outpatient clinical setting
- Conducted individual assessments and implements treatment plans
- Explored identity issues and provides support with LGBTQ clients
- Educated client about HIV and general health issues
- Co-facilitated addiction, mindfulness, chronic illness, relationship and women's groups
- Worked with aging clients to establish emotional and physical supports
- Established re-entry supports for formerly incarcerated members
- Facilitated referrals to outside social service agencies
- Provided individual client therapy
- Collaborated with multi-disciplinary team to coordinate care for HIV positive clients

Community Support Specialist/Dual Diagnosis

Community Connections, WDC

September 2011- May 2012

- Assessed mental health and residential needs for severely mentally ill
- Evaluated psycho-social, vocational and treatment services for community members
- Assisted with money management, entitlement applications and bill paying service
- Facilitated medication evaluation, clinic services and ongoing monitoring of psychiatric medications
- Provided transportation and support at medical appointments
- Coordinated family support with client and family
- Engaged in problem solving and behavioral therapies
- Developed and implement treatment plans and monthly notes
- Provided crisis services for at-risk clients in the community

Social Work Trainer Experience

Masters of Social Work - Field Instructor

University of Maryland, Baltimore
Simmons College
Catholic University
Howard University
George Mason University
Gallaudet University

September 2014-Present
September 2015-Present
September 2015-Present
September 2015-Present
September 2015-Present
September 2015-Present

Kimberly T. Washington

Catholic Charities – Professional Trainer March 2016 – Present
Trauma Informed Care, Person Centered Care

Social Work Volunteer Experience
DC Rape Crisis Center, WDC, *Hotline Counselor* 2012- 2015
Baltimore Cash Campaign, MD, *Financial Counselor* 2012
Petworth Community Market, Board Member 2017 – Present

Professional Memberships
NASW, National Association of Social Work (Member) 2011- Present
NAADA, Masters Addictions Counselor October 2016 – Present
IACN, International Association of Clinical Neuro-psychotherapist Present

Presentations & Publications
Radio Interview – MyNDTalk radio show January 2017
Discussion with Dr. Pamela Brewer re: Comprehensive Social work

Publication: *The New Social Worker Magazine:* January 2017
“Person-centered Care with Patients with Life Limiting Illness.”

Presenter: TCOM Conference November, 2016
Collaboration, Engagement, Teaming and System Integration
Topic: Assessment and Collaboration with patient diagnosed with Neuro-Degenerative Disorders

Conference: Switch Point Stories (U, MD Law School) March 2013
Topic: “The Journey Towards Wholeness”

Trainings
Understanding and Working with Military Culture : July 2017
Working With Military Families =NASW Professional Training

Military Cultural Competence July 2017
Center for Deployment Psychology

Enhancing Students Use Of Motivational Interviewing June 2017
In the Field, University of Maryland, School of SW,
Baltimore, MD

Supervisory Leaders in Aging Training program March-May 2017
Harford-NASW Initiative, Catonsville, MD

Neuroscience for Clinicians: Brain Changes for Stress, March, 2017
Anxiety, Trauma & Moods, PESI, Crystal City, VA

On Grief and Grieving

Kimberly T. Washington



PESI, Fairfax, VA	November 2017
Trauma Therapy: A Cutting-Edge Approach for Resolving Trauma and Healing PTSD PESI, Fairfax, VA	October, 2016
Person Centered Care, Trainer Department of Behavioral Health, DC	June 2016 – October 2016
Nutritional and Integrative Interventions for Mental Health Disorders, PESI, Fairfax, VA	July 2016
Behavior Symptom Management Training Program's Dementia Train the Trainer DCOA, Washington, DC	May 2016
Anxiety Disorders in Children and Adolescents: Recognizing & Treating the Emerging Epidemic PESI Health Education, Fairfax, VA	May 2016
SBIRT: Training Social Work Students on Evidence-based Screening and Brief Intervention University of Maryland Baltimore, School of Social Work	March 2016
Screening for Gambling Disorder Harvard Medical School and Cambridge Health Alliance	March 2016
Forging Solutions Out of Challenges George Mason University, Fairfax, VA	March 2016
Alzheimer's Association Rx for Dementia Care Providers Howard University School of Medicine, Washington DC	March 2016
Ethics of Technology with Aging Population Howard University School of Gerontology	June 2015
End of Life – Palliative/Hospice Care Certification Montgomery Hospice, Rockville MD	June 2015
ACT Made Easy: Acceptance and Commitment Therapy for Depression, Anxiety, Trauma and Personality Disorders PESI, Hagerstown, MD	September 2015
Mental Health Professionals HIV Training Department of Behavioral Health, DC	April 2015

Kimberly T. Washington



Housing Program Course Department of Behavioral Health ,DC	April 2015
Field Instructor Orientation: Moving from Practitioner to Educator University of Maryland, Baltimore	September 2014
Conflict Management and Coaching for Mental Health Providers DC Department of Behavioral Health, DC	September 2014
Trauma Systems Therapy (TST), Child Service and Family Agency (CSFA)	August 2014
Fetal Alcohol Spectrum Disorder, Training Adoptions Together, Maryland	May 2014
Mastering the DSM: Overview for Clinical Practice Setting Catholic Charities, DC	April 2014
Crisis Intervention Training, Catholic Charities, DC	April 2014
Child and Adolescent Adverse Life Events (Trauma):	April 2014
Officer Agent Training, DC Department of Behavior Health, DC	April 2014
Diagnosis, Assessment and Treatment, Catholic Charities, DC	
Counseling for Change, Catholic Charities, DC	March 2014
OVAC\TTAC, Victim Assistance Training	December 2013
CBT for Depression & Anxiety, Beck Institute, PA	August 2012
Trauma Recovery & Empowerment Model Community Connections, WDC	April 2012
Mind-Body Medicine Certification Center For Mind Body Medicine, WDC	March 2012



Executive Office of the Mayor - Office of Talent and Appointments
John A. Wilson Building | 1350 Pennsylvania Avenue, Suite 600 | Washington, DC 20004

Kimberly Washington, LICSW



Kimberly Washington, LICSW, is the program clinical manager for the St. Jude's Project at Catholic Charities in Washington, DC.

Ms. Washington began her social work career focusing on interventions with HIV-positive clients. She later transitioned her focus to the aging population, working with both patients and caregivers to create treatment plans that would assist them in managing Alzheimer's and various forms of dementia. Through the St. Jude's Project, Ms. Washington has developed a model of social work service delivery that is comprehensive and community-based, meeting the complex needs of patients with neurodegenerative disorders.

A Ward 4 resident, Ms. Washington received a Bachelor of Arts in English Studies from the University of the District of Columbia and a Master of Social Work from the University of Maryland, Baltimore.



GOVERNMENT OF THE DISTRICT OF COLUMBIA
Executive Office of Mayor Muriel Bowser



Office of the General Counsel to the Mayor

To: Alana Intrieri, Steve Walker
From: Betsy Cavendish
Date: February 8, 2018
Subject: Legal sufficiency review of Resolution nominating Danielle Nelson and Kimberly Washington to the Board of Social Work

This is to Certify that this office has reviewed the above-referenced Resolution and found it to be legally unobjectionable. If you have any questions in this regard, please do not hesitate to call me at 202-724-7681.

A handwritten signature in cursive script that reads 'Elizabeth A. Cavendish'.

Elizabeth Cavendish