

House Resolution 524

By: Representatives Cannon of the 58th, Drenner of the 85th, Thomas of the 39th, Mitchell of the 106th, Hugley of the 136th, and others

A RESOLUTION

1 Recognizing March 22-28, 2021, as World Doula Week; and for other purposes.

2 WHEREAS, the World Doula Week initiative started in Israel on March 22, 2011, with the
3 intent to empower doulas all over the world and improve the physiological, social, emotional,
4 and psychological health of women, newborns, and families in birth and postpartum periods;
5 and

6 WHEREAS, the presence of doulas during birth and the postpartum period have led to
7 innumerable benefits for new mothers, including reducing the incidence of c-sections,
8 shortening the length of labor, reducing epidural and analgesic requests, increasing
9 breastfeeding initiation and continuation, improving mothers' satisfaction with their birth
10 experiences, reducing the incidence of postpartum mood disorders, and increasing new
11 parents' confidence in the care of their newborns; and

12 WHEREAS, the spring equinox marks the return of fertility in countless cultures, and it is
13 for this reason that World Doula Week begins on the spring equinox; and

14 WHEREAS, doulas work diligently and tirelessly to assist mothers and new parents on their
15 paths to parenthood; and

16 WHEREAS, it is abundantly fitting and proper that the outstanding accomplishments of these
17 extraordinary health professionals be appropriately recognized.

18 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES that
19 the members of this body acknowledge doulas and their efforts to educate and aid mothers,
20 newborns, and new parents and recognize March 22-28, 2021, as World Doula Week.

21 BE IT FURTHER RESOLVED that the Clerk of the House of Representatives is authorized
22 and directed to make appropriate copies of this resolution available for distribution to the
23 public and the press.