

HOUSE BILL No. 1138

DIGEST OF INTRODUCED BILL

Citations Affected: IC 5-10-8-28.

Synopsis: Coverage for obesity treatments. Requires a state employee health plan to provide coverage for anti-obesity medication and intensive behavioral and lifestyle therapy for an eligible individual.

Effective: July 1, 2025.

Shackleford

January 8, 2025, read first time and referred to Committee on Insurance.



First Regular Session of the 124th General Assembly (2025)

PRINTING CODE. Amendments: Whenever an existing statute (or a section of the Indiana Constitution) is being amended, the text of the existing provision will appear in this style type, additions will appear in **this style type**, and deletions will appear in ~~this style type~~.

Additions: Whenever a new statutory provision is being enacted (or a new constitutional provision adopted), the text of the new provision will appear in **this style type**. Also, the word **NEW** will appear in that style type in the introductory clause of each SECTION that adds a new provision to the Indiana Code or the Indiana Constitution.

Conflict reconciliation: Text in a statute in *this style type* or ~~this style type~~ reconciles conflicts between statutes enacted by the 2024 Regular Session of the General Assembly.

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A BILL FOR AN ACT to amend the Indiana Code concerning insurance.

Be it enacted by the General Assembly of the State of Indiana:

1 SECTION 1. IC 5-10-8-28 IS ADDED TO THE INDIANA CODE
2 AS A **NEW** SECTION TO READ AS FOLLOWS [EFFECTIVE JULY
3 1, 2025]: **Sec. 28. (a) This section applies to a state employee health
4 plan that is established, entered into, amended, or renewed after
5 June 30, 2025.**
6 **(b) As used in this section, "anti-obesity medication" means
7 medication approved by the federal Food and Drug Administration
8 that is prescribed by a physician to help an individual achieve and
9 maintain a healthy weight.**
10 **(c) As used in this section, "eligible individual" means an
11 individual who is:**
12 **(1) entitled to coverage under a state employee health plan;**
13 **and**
14 **(2) diagnosed with obesity.**
15 **(d) As used in this section, "intensive behavioral and lifestyle
16 therapy" means counseling or treatment that focuses on:**
17 **(1) changing an individual's lifestyle and behavioral habits,**



- 1 **including nutrition and exercise support; and**
- 2 **(2) managing or treating obesity.**
- 3 **(e) As used in this section, "physician" means an individual**
- 4 **licensed to practice medicine under IC 25-22.5.**
- 5 **(f) As used in this section, "state employee health plan" means**
- 6 **the following:**
- 7 **(1) A self-insurance program established under section 7(b) of**
- 8 **this chapter.**
- 9 **(2) A contract for prepaid health care delivery plan entered**
- 10 **into under section 7(c) of this chapter.**
- 11 **(g) A state employee health plan shall provide coverage for:**
- 12 **(1) anti-obesity medication; and**
- 13 **(2) intensive behavioral and lifestyle therapy;**
- 14 **for an eligible individual.**

