



Introduced Version

**HOUSE
RESOLUTION No. _____**

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1 A HOUSE RESOLUTION designating February 2024 as
2 American Heart Month and to raise awareness about
3 cardiovascular disease and the importance of knowing one's
4 cholesterol levels.

5 *Whereas, The American Heart Association defines*
6 *"cholesterol" as a waxy, fat-like substance circulating in the*
7 *blood;*

8 *Whereas, The Centers for Disease Control and Prevention*
9 *(CDC) identifies two types of cholesterol: low-density*
10 *lipoprotein cholesterol (LDL-C) and high-density lipoprotein*
11 *cholesterol (HDL-C);*

12 *Whereas, According to the CDC, nearly 94 million adults in*
13 *the United States have high cholesterol;*

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HR 1507/DI 140

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1 *Whereas, Heart disease is the leading cause of death in*
2 *Indiana, accounting for more than 14,440 deaths in 2017;*

3 *Whereas, Inherited risks of heart disease include familial*
4 *hypercholesterolemia, or FH, and elevated Lp(a), which can be*
5 *detected and treated early;*

6 *Whereas, FH is a common, life-threatening genetic disorder*
7 *affecting the body's ability to remove LDL cholesterol, and if*
8 *left untreated, leads to early heart attack and heart disease;*

9 *Whereas, Patients with FH or elevated cholesterol levels*
10 *may need treatment, including statins and lipid-lowering*
11 *medications;*

12 *Whereas, Heart disease disproportionately affects minority*
13 *populations: In men and women, low HDL cholesterol*
14 *prevalence was higher in non-Hispanic adults than in*
15 *non-Hispanic white, Black, and Asian adults, and in men,*
16 *prevalence was higher in non-Hispanic white and Asian adults*
17 *than in non-Hispanic Black adults;*

18 *Whereas, In Indiana, the heart disease death rate for Black*
19 *Hoosiers (age 35 and older) is 421 per 100,000 compared to*
20 *351 per 100,000 overall;*

21 *Whereas, February is designated as American Heart Month*
22 *by the National Heart, Lung, and Blood Institute of the*
23 *National Institutes of Health to raise awareness of heart*
24 *disease, cholesterol, and the importance of screening and*
25 *treatment;*

26 *Whereas, The LDL-C Action Summit, a consortium of the*
27 *nation's leading cardiovascular stakeholder groups, seeks to*
28 *cut cardiovascular events in half by 2030; and*

29 *Whereas, The CDC's Million Hearts program is a national*
30 *initiative to prevent one million heart attacks and strokes*
31 *between 2022 and 2027: Therefore,*

32 *Be it resolved by the House of Representatives of the*
33 *General Assembly of the State of Indiana:*



1 SECTION 1. That the Indiana House of Representatives
2 designates February 2024 as American Heart Month to raise
3 public awareness of heart disease, and cholesterol-related
4 illnesses, including familial hypercholesterolemia (FH) and
5 LP(a).

6 SECTION 2. That the Indiana House of Representatives
7 supports raising awareness of heart disease, cholesterol, and
8 lipid-lowering treatments to improve the health of Indiana
9 residents.

10 SECTION 3. That the Indiana Department of Health dedicate
11 resources to addressing cardiovascular disease and improved
12 cholesterol screenings for Indiana residents.

