



Introduced Version

**HOUSE
RESOLUTION No. _____**

Introduced by: Payne

1 A HOUSE RESOLUTION urging Congress to make
2 daylight saving time permanent.

3 *Whereas, Daylight saving time (DST) is the practice of*
4 *advancing clocks by one hour in the spring ("spring forward")*
5 *and the setting of clocks back one hour in the fall ("fall back"),*
6 *returning to standard time;*

7 *Whereas, Under federal law as it exists, states are not*
8 *permitted to observe DST year-round;*

9 *Whereas, Since the implementation of DST 106 years ago,*
10 *Americans have grown more accustomed to having eight*
11 *months of DST rather than having four months of standard*
12 *time;*

13 *Whereas, The biannual change of time between Eastern*

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1 *Standard Time and Eastern Daylight Time is disruptive to*
2 *commerce and to the daily schedules, safety, and health of the*
3 *Hoosiers;*

4 *Whereas, Studies published in the American Economic*
5 *Journal show that some of the negative impacts of shifting*
6 *between DST and standard time are increased risk of heart*
7 *attacks and increased risk of fatal automobile crashes due to*
8 *sleep deprivation;*

9 *Whereas, Other studies have shown that permanent DST*
10 *would reduce both pedestrian and driver fatalities, as well as*
11 *nonfatal crashes in general; and*

12 *Whereas, There are benefits in keeping DST permanent for*
13 *all Americans: Therefore,*

14 *Be it resolved by the House of Representatives of the*
15 *General Assembly of the State of Indiana:*

16 SECTION 1. That the Indiana House of Representatives
17 urges Congress to make daylight saving time permanent once
18 Hoosiers spring forward in March.

19 SECTION 2. That the Principal Clerk of the House of
20 Representatives transmit a copy of this resolution to each
21 member of the Indiana Congressional delegation.

