



Introduced Version

**HOUSE
RESOLUTION No. _____**

Introduced by: Barrett

1 A HOUSE RESOLUTION designating Hypertrophic
2 Cardiomyopathy Awareness Day and efforts to educate people
3 about hypertrophic cardiomyopathy.

4 *Whereas, hypertrophic cardiomyopathy (HCM) is a chronic*
5 *cardiovascular disease involving thickening of the heart muscle*
6 *that can potentially lead to debilitating symptoms and serious*
7 *complications, including heart failure, atrial fibrillation,*
8 *stroke, and in rare cases, sudden cardiac death;*

9 *Whereas, HCM is the most common inheritable heart disease*
10 *and can affect anyone regardless of age, gender, or ethnicity,*
11 *with a reported prevalence ranging from 1 in 200 to 1 in 500 in*
12 *the general population;*

13 *Whereas, An estimated 700,000 to 1,650,000 people in the*
14 *United States have HCM, yet 85% of them may remain*

20232725



1 *undiagnosed;*

2 *Whereas, HCM shares symptoms with other common*
3 *cardiovascular and pulmonary diseases, such as shortness of*
4 *breath, chest pain, fatigue, palpitations, and fainting, making*
5 *it difficult to distinguish HCM from these other diseases;*

6 *Whereas, All-cause mortality risk is three to four times*
7 *higher in patients with HCM than that of the general*
8 *population;*

9 *Whereas, Knowing one's medical history and any signs and*
10 *symptoms of HCM is an important first step in receiving an*
11 *accurate diagnosis of HCM;*

12 *Whereas, A physician must conduct a thorough screening*
13 *with cardiac health questions to help identify a risk of cardiac*
14 *disorders both genetic and congenital;*

15 *Whereas, A physician may conduct several tests, including*
16 *an echocardiogram, a cardiac MRI, or genetic testing to*
17 *confirm a family history of HCM, and must examine the heart*
18 *to diagnose HCM;*

19 *Whereas, Following a diagnosis of HCM, it is important for*
20 *patients to work with their physician to learn more about their*
21 *disease and understand different management options,*
22 *including prescription medicines and surgical treatment*
23 *options that may help; and*

24 *Whereas, The fourth Wednesday in February is an*
25 *appropriate day to observe Hypertrophic Cardiomyopathy*
26 *Awareness Day: Therefore,*

27 *Be it resolved by the House of Representatives of the*
28 *General Assembly of the State of Indiana:*

29 SECTION 1. That the Indiana House of Representatives
30 designates the fourth Wednesday in February of each year as
31 "Hypertrophic Cardiomyopathy Awareness Day" in the state of
32 Indiana in order to raise public awareness about hypertrophic
33 cardiomyopathy as a serious public health issue.



1 SECTION 2. That the Indiana House of Representatives
2 acknowledges the critical importance of hypertrophic
3 cardiomyopathy awareness to improve cardiovascular health in
4 the state of Indiana.

5 SECTION 3. That the Indiana House of Representatives
6 supports raising awareness of the consequences of undiagnosed
7 and untreated hypertrophic cardiomyopathy and the need to
8 seek appropriate care for hypertrophic cardiomyopathy.

9 SECTION 4. That the Indiana House of Representatives
10 respectfully requests the Governor to issue annually a
11 proclamation recognizing the fourth Wednesday in February in
12 Indiana as "Hypertrophic Cardiomyopathy Awareness Day" and
13 calls upon the people in the state of Indiana to observe the day
14 with appropriate programs and activities.

