

1 AN ACT relating to mental health first aid training and making an appropriation
2 therefor.

3 *Be it enacted by the General Assembly of the Commonwealth of Kentucky:*

4 ➔SECTION 1. A NEW SECTION OF KRS CHAPTER 210 IS CREATED TO
5 READ AS FOLLOWS:

6 *(1) The Cabinet for Health and Family Services shall establish and administer the*
7 *Kentucky Mental Health First Aid Training Program or a similar program to*
8 *train professionals and other members of the public to identify and assist*
9 *individuals who may have or may be developing a mental health disorder, a*
10 *substance use disorder, or who may be experiencing a mental health or substance*
11 *use crisis. The program shall promote access to certified trainers who have*
12 *obtained certification in mental health first aid training by successfully*
13 *completing an instructor training program approved by the cabinet.*

14 *(2) The Kentucky Mental Health First Aid Training Program or a similar program*
15 *shall promote training that is appropriate in content and vocabulary for the*
16 *language, educational level, and literacy of the trainees and individuals to be*
17 *served and that accomplishes the following objectives:*

18 *(a) Build mental health and substance use literacy that is designed to help the*
19 *public identify, understand, and respond to the signs of mental health*
20 *disorders, substance use disorders, and mental health or substance use*
21 *crises; and*

22 *(b) Enable the trainee to assist an individual who may have or may be*
23 *developing a mental health disorder, a substance use disorder, or who may*
24 *be experiencing a mental health or substance use crisis. The ability to assist*
25 *an individual includes knowledge of how to:*

26 *1. Recognize the symptoms of a mental health disorder, a substance use*
27 *disorder, and a mental health or substance use crisis;*

- 1 2. Provide initial help;
- 2 3. Refer individuals requiring assistance toward appropriate professional
- 3 help including help for individuals who may be in crisis;
- 4 4. Prevent a mental health disorder, a substance use disorder, or a
- 5 mental health or substance use crisis from deteriorating into a more
- 6 serious condition that may lead to more costly interventions or
- 7 treatments; and
- 8 5. Promote healing, recovery, and good mental health.

9 (3) Subject to appropriations provided by the General Assembly, available funds in
10 the Kentucky Mental Health First Aid Training fund created in Section 2 of this
11 Act, or other available funding, the Cabinet for Health and Family Services shall
12 award training grants for mental health first aid training provided by certified
13 trainers. The training grants may support training courses or provide hardship
14 subsidies for training fees.

15 (4) The cabinet shall make awards equitably among geographical regions and meet
16 the training needs of rural areas, areas with underserved populations, and areas
17 with health care provider shortages. The recipients of awards may include but are
18 not limited to law enforcement, correction, education, military, older adults, and
19 youth focused agencies.

20 (5) The cabinet shall ensure that evaluation criteria are established and utilized to
21 measure the distribution of the training grants and the fidelity of the training
22 process in achieving the main objectives of the program.

23 (6) The cabinet shall include information on training programs that are available on
24 the cabinet's Web site.

25 (7) The cabinet shall promulgate administrative regulations to implement this
26 section.

27 ➔SECTION 2. A NEW SECTION OF KRS CHAPTER 210 IS CREATED TO

1 READ AS FOLLOWS:

- 2 (1) The Kentucky Mental Health First Aid Training fund is hereby created as a
3 separate trust and agency fund. The fund shall be administered by the Cabinet
4 for Health and Family Services for the purpose outlined in Section 1 of this Act.
- 5 (2) The fund may receive amounts from state or federal appropriations, grants,
6 contributions, or other moneys made available for the purposes of the fund. All
7 grants, contributions, or moneys received shall be deposited in the State Treasury
8 in a trust and agency fund account to the credit of the Kentucky Mental Health
9 First Aid Training fund. Moneys in the fund shall be used to support the Mental
10 Health First Aid Training Program or similar program established under Section
11 1 of this Act and suicide prevention programs in Kentucky.
- 12 (3) Notwithstanding KRS 45.229, fund amounts not expended at the close of a fiscal
13 year shall not lapse but shall be carried forward to the next fiscal year.
- 14 (4) Any interest earned on moneys in the fund shall become a part of the trust fund
15 and shall not lapse.
- 16 (5) Moneys in the fund are appropriated for the purposes set forth in this section and
17 shall not be appropriated or transferred by the General Assembly for any other
18 purposes.