

1 A RESOLUTION recognizing May 16, 2024, as Tarlov Cyst Disease Day.

2 WHEREAS, Tarlov cyst disease is classified as a rare disease where cerebrospinal  
3 fluid-filled sacs form in the nerve roots near the base of the spine, however these cysts  
4 can be present along any part of the spine; and

5 WHEREAS, Tarlov cysts may be known to be asymptomatic, but due to nerve  
6 compression and inflation, many cysts may cause bone erosion, radicular pain, weakness,  
7 and neurologic dysfunction including bowel or bladder changes. When symptomatic,  
8 Tarlov cysts can be progressive, extremely painful, and debilitating, and can often limit  
9 the patient's ability to walk, sit, or stand; and

10 WHEREAS, more women are diagnosed with Tarlov Cyst Disease than men; and

11 WHEREAS, Tarlov Cyst Disease symptoms include but are not limited to, varying  
12 levels of intractable pain that are usually defined by cyst location and associated nerve  
13 distribution. Progressive nerve compression can lead to neurological damage. Pain often  
14 mimics other conditions therefore making this rare disease difficult to diagnose; and

15 WHEREAS, treatment for Tarlov Cyst Disease generally focuses on controlling  
16 symptoms, with some patients finding long-term relief through surgical intervention; and

17 WHEREAS, some patients with Tarlov Cyst Disease may also present with  
18 additional comorbid conditions such as connective tissue disorders. Patients often remain  
19 at an increased risk of developing other conditions and diseases due to the limited  
20 invasive medical treatments to provide relief of pain and symptoms. This disease and its  
21 symptoms vary widely depending on the severity of each case; and

22 WHEREAS, the need for research on the origins of the disease, noninvasive  
23 treatments, and the continued support of neurosurgical procedures is imperative; and

24 WHEREAS, insurance companies often deny patients necessary treatments and  
25 surgery under misinformed pretenses that they are experimental, unnecessary, or  
26 ineffective;

27 NOW, THEREFORE,

1 *Be it resolved by the House of Representatives of the General Assembly of the*  
2 *Commonwealth of Kentucky:*

3       ➔Section 1. The House of Representatives hereby recognizes May 16, 2024, as  
4 Tarlov Cyst Disease Day to create greater awareness and educate citizens about this  
5 disease.

6       ➔Section 2. The Clerk of the House of Representatives is directed to transmit a  
7 copy of this Resolution to Representative Kim King.