

1           A RESOLUTION designating May 1-7, 2022, as Postpartum Depression Awareness  
2 Week in the Commonwealth of Kentucky.

3           WHEREAS, many new mothers experience a severe, long-lasting form of  
4 depression known as postpartum depression; and

5           WHEREAS, according to the Centers for Disease Control and Prevention,  
6 approximately one in nine women experience postpartum depression; and

7           WHEREAS, postpartum depression can interfere with a mother's ability to care for  
8 her baby and handle other daily tasks; and

9           WHEREAS, postpartum depression symptoms may include intense irritability and  
10 anger, fear of not being a good mother, feelings of worthlessness and shame, severe  
11 anxiety and panic attacks, and thoughts of harming oneself or the baby; and

12           WHEREAS, only 15 percent of women with postpartum depression ever receive  
13 professional treatment, which suggests that more than 850,000 women each year are not  
14 getting the help they need; and

15           WHEREAS, postpartum depression is not a character flaw or sign of weakness, and  
16 prompt treatment can help a mother manage her symptoms; and

17           WHEREAS, more research into postpartum depression is necessary to understand  
18 the causes and symptoms of maternal depression and anxiety, as well as identify who may  
19 be at risk; and

20           WHEREAS, it is prudent that all in this Commonwealth have a better  
21 understanding of postpartum depression; and

22           WHEREAS, to accomplish this we must strip away the stigma of the disease and  
23 acknowledge it as a medical condition that affects thousands of new mothers across  
24 Kentucky; and

25           WHEREAS, in the spirit of bringing awareness to postpartum depression, this body  
26 hereby designates May 1-7, 2022, as Postpartum Depression Week in the Commonwealth  
27 of Kentucky;

1           NOW, THEREFORE,

2       *Be it resolved by the House of Representatives of the General Assembly of the*  
3       *Commonwealth of Kentucky:*

4           ➔Section 1. The House of Representatives hereby designates May 1-7, 2022, as  
5       Postpartum Depression Awareness Week in the Commonwealth of Kentucky.

6           ➔Section 2. The Clerk of the House of Representatives is directed to transmit a  
7       copy of this Resolution to Representative Susan Westrom.