

1 A CONCURRENT RESOLUTION encouraging the Cabinet for Health and Family
2 Services and Medicaid managed care organizations to permit coverage of United States
3 Food and Drug Administration approved digital therapeutics in order to provide more
4 therapy options and improved compliance and outcomes for individuals going through
5 substance use disorder recovery.

6 WHEREAS, in September 2018, the National Institutes of Health released a
7 funding opportunity to test the immediate impact of implementing an integrated set of
8 evidence-based interventions across healthcare, behavioral health, justice, and other
9 community-based settings to prevent and treat opioid misuse and opioid use disorder
10 within highly affected communities; and

11 WHEREAS, historically for substance use disorder patients, telehealth was not
12 permitted as a treatment aid, but since the beginning of COVID-19, the restrictions did
13 change in order to keep people in care; and

14 WHEREAS, unique initiatives are needed to develop a model to improve treatment
15 access and delivery to rural areas with few providers and limited access to evidence-based
16 care; and

17 WHEREAS, building a network of researchers, justice administrators, and
18 practitioners to increase the access to evidence-based treatments for individuals during
19 incarceration and in the community would reduce relapse and recidivism; and

20 WHEREAS, employing telehealth and peer navigation services to increase initiation
21 and retention in treatment is vital for the continuation of services for individuals with a
22 substance use disorder; and

23 WHEREAS, eighty-one percent of the United States population own a smartphone
24 and spend an average of ten hours a day on their smartphones; and

25 WHEREAS, smart phone-based technology that delivers therapeutic content to
26 individuals with a substance use disorder now exists;

27 NOW, THEREFORE,

1 *Be it resolved by the Senate of the General Assembly of the Commonwealth of*
2 *Kentucky, the House of Representatives concurring therein:*

3 ➔Section 1. The General Assembly hereby urges the Cabinet for Health and
4 Family Services and Medicaid managed care organizations to permit coverage of United
5 States Food and Drug Administration approved digital therapeutics in order to provide
6 more therapy options and improved compliance and outcomes for individuals going
7 through substance use disorder recovery.