

2023 Regular Session

HOUSE CONCURRENT RESOLUTION NO. 11

BY REPRESENTATIVE DUBUISSON

A CONCURRENT RESOLUTION

To memorialize the United States Congress to take such actions as are necessary to improve the mental health of military veterans by supporting exposure to nature with the designation of "Get Outside Day".

WHEREAS, mental health is a top priority both at the federal and state government level; and

WHEREAS, mental health issues affect different groups, in particular, our vulnerable military veterans; and

WHEREAS, countless military veterans return home suffering from post-traumatic stress disorder, traumatic brain injury, anxiety, and depression; and

WHEREAS, the onset of certain mental health conditions have increased substance abuse and decreased social interaction; and

WHEREAS, military veterans have disproportionately high rates of suicide; and

WHEREAS, studies show that exposure to nature has a positive and therapeutic impact on mental health and the psychological conditions that are related to suicides; and

WHEREAS, the enjoyment of a single day outside can lead to increased mobility and renewed therapy for psychological impediments and correspond to a decrease in suicides; and

WHEREAS, the Louisiana Naval War Memorial Commission in conjunction with the Military Veterans Advocacy agree to sponsor "Get Outside Day" at the USS Kidd Veterans Museum.

THEREFORE, BE IT RESOLVED that the Legislature of Louisiana does hereby memorialize the United States Congress to take such actions as are necessary to designate the second Saturday in June as "Get Outside Day" at the federal government level.

BE IT FURTHER RESOLVED that a copy of this Resolution be transmitted to the presiding officers of the Senate and the House of Representatives of the Congress of the United States of America and to each member of the Louisiana congressional delegation.

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SPEAKER OF THE HOUSE OF REPRESENTATIVES

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PRESIDENT OF THE SENATE