

SENATE CONCURRENT RESOLUTION NO. 11

BY SENATOR MILLS AND REPRESENTATIVE HUVAL

A CONCURRENT RESOLUTION

To recognize March 2018 as "National Kidney Month in Louisiana".

WHEREAS, an estimated thirty million Americans suffer with kidney disease and many of those affected are unaware of their condition; and

WHEREAS, one in three American adults is at risk for chronic kidney disease; and

WHEREAS, in Louisiana, over four hundred sixty thousand citizens suffer with chronic kidney disease, over ten thousand are on dialysis at any given time, and over eighteen hundred kidney patients in Louisiana await a lifesaving kidney transplant; and

WHEREAS, it is critical that Louisianians are made aware of major risk factors for kidney disease which are diabetes, high blood pressure, and a family history of kidney disease, while those over sixty years of age are at increased risk; and

WHEREAS, kidneys can become damaged from an inherited condition, a physical injury, or diseases such as uncontrolled diabetes or high blood pressure; and

WHEREAS, recommendations for protecting the health of one's kidneys include: eating less salt and fat, regular exercise, maintaining a healthy weight, keeping both diabetes and high blood pressure under control, not smoking, and not overusing nonprescription pain medications, including Advil, Motrin, and Aleve; and

WHEREAS, kidney disease is often called the "silent killer" because so often its early symptoms go unnoticed; and

WHEREAS, these early symptoms include high blood pressure, excessive fatigue, swelling of hands and feet, nausea and vomiting, decreased appetite, itchy skin, and difficulty sleeping; and

WHEREAS, in order to call attention to the serious health risks which contribute to the development of kidney disease, the month of March has been designated National Kidney Month and March 8, 2018, is World Kidney Day, and in conjunction with these

events, the National Kidney Foundation of Louisiana is calling on all citizens of Louisiana to be attentive to both the risk factors and the symptoms of this widespread and, potentially lethal, health threat.

THEREFORE, BE IT RESOLVED that the Legislature of Louisiana does hereby recognize March 2018 as "National Kidney Month" in Louisiana.

BE IT FURTHER RESOLVED that a copy of this Resolution be transmitted to the National Kidney Foundation of Louisiana.

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PRESIDENT OF THE SENATE

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SPEAKER OF THE HOUSE OF REPRESENTATIVES