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# The Commonwealth of Massachusetts

#### PRESENTED BY:

## Ruth B. Balser

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act to update mental health parity.

### PETITION OF:

NAME:	DISTRICT/ADDRESS:	DATE ADDED:
Ruth B. Balser	12th Middlesex	1/21/2021
Thomas M. Stanley	9th Middlesex	2/24/2021
Lindsay N. Sabadosa	1st Hampshire	2/24/2021
Susannah M. Whipps	2nd Franklin	3/26/2021
Joanne M. Comerford	Hampshire, Franklin and Worcester	4/1/2021

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By Ms. Balser of Newton, a petition (accompanied by bill, House, No. 2065) of Ruth B. Balser and others for legislation to provide mental health benefits on a nondiscriminatory basis to certain residents of the Commonwealth. Mental Health, Substance Use and Recovery.

## The Commonwealth of Massachusetts

In the One Hundred and Ninety-Second General Court (2021-2022)

An Act to update mental health parity.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

1	SECTION 1. Section 22 of chapter 32A of the General Laws, as appearing in the 2006
2	Official Edition, is hereby amended by striking out subsection (a) and inserting in place thereof
3	the following subsection:-
4	(a) The commission shall provide to any active or retired employee of the
5	commonwealth who is insured under the group insurance commission coverage on a
6	nondiscriminatory basis for the diagnosis and medically necessary treatment of any mental
7	disorder including autism spectrum disorder, as described in the most recent edition of the
8	Diagnostic and Statistical Manual of Mental Disorders (DSM) or the most current version of the
9	International Classification of Diseases (ICD)
10	SECTION 2. Said section 22 of said chapter 32A, as so appearing, is hereby further
11	amended by striking out subsection (b).

SECTION 3. Section 47B of chapter 175 of the General Laws, as so appearing, is hereby
 amended by striking out subsection (a) and inserting in place thereof the following subsection:-

14 Section 47B. (a) An individual policy of accident and sickness insurance issued (a) 15 pursuant to section 108, which provides hospital expense and surgical expense insurance, and a 16 group blanket or general policy of accident and sickness insurance issued pursuant to section 17 110, which provides hospital expense and surgical expense insurance, which is issued or 18 renewed within or without the commonwealth, shall provide mental health benefits on a 19 nondiscriminatory basis to residents of the commonwealth and to all policyholders having a 20 principal place of employment in the commonwealth coverage on a nondiscriminatory basis for 21 the diagnosis and medically necessary treatment of any mental disorder including autism 22 spectrum disorder, as described in the most recent edition of the Diagnostic and Statistical 23 Manual of Mental Disorders (DSM) or the most current version of the International 24 Classification of Diseases (ICD)

25 (b) An individual policy of accident and sickness insurance issued pursuant to section 26 108, which provides hospital expense and surgical expense insurance, and a group blanket or 27 general policy of accident and sickness insurance issued pursuant to section 110, which provides 28 hospital expense and surgical expense insurance, which is issued or renewed within or without 29 the commonwealth, shall provide mental health benefits on a nondiscriminatory basis to 30 residents of the commonwealth and to all policyholders having a principal place of employment 31 in the commonwealth for the diagnosis and medically necessary and active treatment of any 32 mental disorder, as described in the most recent edition of the the Diagnostic and Statistical 33 Manual of Mental Disorders (DSM) or the most current version of the International 34 Classification of Diseases (ICD)

35 SECTION 4 . Said section 47B of said chapter 175, as so appearing, is hereby further
 36 amended by striking out subsection (b).

37 SECTION 5. Section 8A of chapter 176A of the General Laws, as appearing in the 2006
 38 Official Edition, is hereby amended by striking out subsection (a) and inserting in place thereof
 39 the following subsection:-

40 Section 8A. (a) A contract between a subscriber and the corporation under an individual 41 or group hospital service plan which is issued or renewed within or without the commonwealth 42 shall provide mental health benefits on a nondiscriminatory basis to residents of the 43 commonwealth and to all individual subscribers and members and group members having a 44 principal place of employment in the commonwealth for the diagnosis and medically necessary 45 treatment of any mental disorder including autism spectrum disorder, as described in the most 46 recent edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM) or the most 47 current version of the International Classification of Diseases (ICD)

48 A contract between a subscriber and the corporation under an individual or group hospital 49 service plan which is issued or renewed within or without the commonwealth shall provide 50 mental health benefits on a nondiscriminatory basis to residents of the commonwealth and to all 51 individual subscribers and members and group members having a principal place of employment 52 in the commonwealth for the diagnosis and medically necessary treatment of any mental 53 disorder, as described in the most recent edition of the Diagnostic and Statistical Manual of 54 Mental Disorders (DSM) or the most current version of the International Classification of 55 Diseases (ICD)

- 56 SECTION 6. Section 8A of chapter 176A of the General Laws, as appearing in the 2006
  57 Official Edition, is hereby amended by striking out subsection (b)
- 58 SECTION 7. Section 4A of chapter 176B of the General Laws, as so appearing, is hereby 59 amended by striking out subsection (a) and inserting in place thereof the following subsection:-

60 (a) A subscription certificate under an individual or group medical service agreement 61 which is issued or renewed within or without the commonwealth shall provide mental health 62 benefits on a nondiscriminatory basis to residents of the commonwealth and to all individual 63 subscribers and members within the commonwealth and to all group members having a principal 64 place of employment in the commonwealth for the diagnosis and medically necessary treatment 65 of any mental disorder including autism spectrum disorder, as described in the most recent 66 edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM) or the most current 67 version of the International Classification of Diseases (ICD)

A subscription certificate under an individual or group medical service agreement which is issued or renewed within or without the commonwealth shall provide mental health benefits on a nondiscriminatory basis to residents of the commonwealth and to all individual subscribers and members within the commonwealth and to all group members having a principal place of employment in the commonwealth for the diagnosis and medically necessary treatment of any mental disorder, as described in the most recent edition of the DSM, that is approved by the commissioner of mental health.

SECTION 8. Section 4A of chapter 176B of the General Laws, as so appearing, is hereby
 amended by striking out subsection (b)

77	SECTION 9. Section 4M of said chapter 176G, as so appearing, is hereby further
78	amended by striking out subsection (a) and inserting in place thereof the following subsection:
79	(a) A health maintenance contract issued or renewed within or without the
80	commonwealth shall provide mental health benefits on a nondiscriminatory basis to residents of
81	the commonwealth and to all members or enrollees having a principal place of employment in
82	the commonwealth for the diagnosis and and medically necessary treatment of any mental
83	disorder including autism spectrum disorder, as described in the most recent edition of the
84	Diagnostic and Statistical Manual of Mental Disorders (DSM) or the most current version of the
85	International Classification of Diseases (ICD)
86	A health maintenance contract issued or renewed within or without the commonwealth
87	shall provide mental health benefits on a nondiscriminatory basis to residents of the
88	commonwealth and to all members or enrollees having a principal place of employment in the
89	commonwealth for the diagnosis and medically necessary and active treatment of any mental
90	disorder, as described in the most recent edition of the DSM, that is approved by the
91	commissioner of mental health.
92	SECTION 10. Section 4M of said chapter 176G, as so appearing, is hereby further
93	amended by striking out subsection (b)
95	anchided by striking out subsection (b)
94	SECTION 11. All policies, contracts and certificates of health insurance subject to
95	section 22 of chapter 32A, section 47B of chapter 175, section 8A of chapter 176A, section 4A
96	of chapter 176B, or section 4M of chapter 176G of the General Laws that are delivered, issued or
97	renewed on or after July 1, 2021 shall conform with this act. Form filings implementing this act
98	shall be subject to the approval of the commissioner of insurance.