HOUSE No. 2246

The Commonwealth of Massachusetts

PRESENTED BY:

James J. O'Day and Edward R. Philips

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act relative to end of life options.

PETITION OF:

NAME:	DISTRICT/ADDRESS:	DATE ADDED:
James J. O'Day	14th Worcester	1/19/2023
Edward R. Philips	8th Norfolk	1/19/2023
John Barrett, III	1st Berkshire	1/19/2023
Adam Scanlon	14th Bristol	1/19/2023
Jay D. Livingstone	8th Suffolk	1/20/2023
James C. Arena-DeRosa	8th Middlesex	1/20/2023
Jack Patrick Lewis	7th Middlesex	1/20/2023
Mindy Domb	3rd Hampshire	1/21/2023
Sean Garballey	23rd Middlesex	1/21/2023
Rebecca L. Rausch	Norfolk, Worcester and Middlesex	1/24/2023
Kenneth I. Gordon	21st Middlesex	1/24/2023
William M. Straus	10th Bristol	1/25/2023
Daniel M. Donahue	16th Worcester	1/25/2023
Thomas M. Stanley	9th Middlesex	1/25/2023
Alice Hanlon Peisch	14th Norfolk	1/25/2023
Michelle L. Ciccolo	15th Middlesex	1/26/2023
Lindsay N. Sabadosa	1st Hampshire	1/26/2023
Simon Cataldo	14th Middlesex	1/26/2023

Margaret R. Scarsdale	1st Middlesex	1/26/2023
Sally P. Kerans	13th Essex	1/26/2023
Susannah M. Whipps	2nd Franklin	1/26/2023
Michael J. Barrett	Third Middlesex	1/26/2023
Jessica Ann Giannino	16th Suffolk	1/27/2023
Carmine Lawrence Gentile	13th Middlesex	2/1/2023
Josh S. Cutler	6th Plymouth	2/1/2023
Christine P. Barber	34th Middlesex	2/1/2023
Jason M. Lewis	Fifth Middlesex	2/1/2023
Vanna Howard	17th Middlesex	2/1/2023
William C. Galvin	6th Norfolk	2/1/2023
David Paul Linsky	5th Middlesex	2/1/2023
Michael P. Kushmerek	3rd Worcester	2/2/2023
Steven Owens	29th Middlesex	2/2/2023
Patricia A. Duffy	5th Hampden	2/2/2023
David M. Rogers	24th Middlesex	2/3/2023
Brian M. Ashe	2nd Hampden	2/3/2023
Jennifer Balinsky Armini	8th Essex	2/3/2023
Adrian C. Madaro	1st Suffolk	2/7/2023
Jon Santiago	9th Suffolk	2/7/2023
Michelle M. DuBois	10th Plymouth	2/8/2023
Natalie M. Blais	1st Franklin	2/8/2023
Kay Khan	11th Middlesex	2/9/2023
Steven Ultrino	33rd Middlesex	2/9/2023
Christopher Hendricks	11th Bristol	2/9/2023
Patrick Joseph Kearney	4th Plymouth	2/9/2023
James B. Eldridge	Middlesex and Worcester	2/9/2023
Natalie M. Higgins	4th Worcester	2/14/2023
James Arciero	2nd Middlesex	2/15/2023
Peter Capano	11th Essex	2/17/2023
Carol A. Doherty	3rd Bristol	2/20/2023
Daniel R. Carey	2nd Hampshire	2/21/2023
Kate Lipper-Garabedian	32nd Middlesex	2/22/2023
Joanne M. Comerford	Hampshire, Franklin and Worcester	2/22/2023
Danillo A. Sena	37th Middlesex	2/23/2023
David Henry Argosky LeBoeuf	17th Worcester	2/23/2023
Christopher Richard Flanagan	1st Barnstable	2/23/2023
Dylan A. Fernandes	Barnstable, Dukes and Nantucket	2/23/2023
Samantha Montaño	15th Suffolk	2/26/2023

Tram T. Nguyen	18th Essex	2/27/2023
Shirley B. Arriaga	8th Hampden	2/28/2023
Paul R. Feeney	Bristol and Norfolk	3/6/2023

HOUSE No. 2246

By Representatives O'Day of West Boylston and Philips of Sharon, a petition (accompanied by bill, House, No. 2246) of James J. O'Day, Edward R. Philips and others for legislation to authorize attending physicians to prescribe medical aid in dying medication that will end the life of patients in a peaceful manner. Public Health.

The Commonwealth of Alassachusetts

In the One Hundred and Ninety-Third General Court (2023-2024)

An Act relative to end of life options.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

- 1 The General Laws are hereby amended by inserting after Chapter 201F the following
- 2 chapter:-
- 3 CHAPTER 201G
- 4 MASSACHUSETTS END OF LIFE OPTIONS ACT
- 5 Section 1. For the purposes of this chapter, the following terms shall have the following
- 6 meanings unless the context clearly requires otherwise:
- 7 "Adult", an individual who is 18 years of age or older.
- 8 "Attending physician", a physician who has primary responsibility for the care of the
- 9 patient and treatment of the patient's terminal disease.

"Consulting physician", a physician who is qualified by specialty or experience to make a professional diagnosis and prognosis regarding a terminally ill patient's condition.

"Counseling", one or more consultations as necessary between a licensed mental health care professional and a patient for the purpose of determining that the patient is capable and not suffering from a psychiatric or psychological disorder or depression causing impaired judgment.

"Guardian", an individual who has qualified as a guardian of an incapacitated person pursuant to court appointment and includes a limited guardian, special guardian and temporary guardian, but excludes one who is merely a guardian ad litem as defined in section 5-101 of article V of chapter 190B. Guardianship shall not include a health care proxy as defined by chapter 201D.

"Health care provider", an individual licensed, certified, or otherwise authorized or permitted by law to diagnose and treat medical conditions, and prescribe and dispense medication, including controlled substances.

"Incapacitated person", an individual who for reasons other than advanced age or being a minor, has a clinically diagnosed condition that results in an inability to receive and evaluate information or make or communicate decisions to such an extent that the individual lacks the ability to meet essential requirements for physical health, safety, or self-care, even with appropriate technological assistance. An "incapacitated person" shall be defined consistent with the definition of an individual described in section 5-101 of article V of chapter 190B.

"Informed decision", a decision by a mentally capable individual to request and obtain a prescription for medication pursuant to this chapter that the individual may self-administer to

31 bring about a peaceful death, after being fully informed by the attending physician and 32 consulting physician of: 33 (a) The individual's diagnosis and prognosis; 34 (b) The potential risk associated with taking the medication to be prescribed; 35 (c) The probable result of taking the medication to be prescribed; 36 (d) The feasible end-of-life care and treatment options for the individual's terminal 37 disease, including but not limited to comfort care, palliative care, hospice care and pain control, 38 and the risks and benefits of each as defined in section 227 of chapter 111; and 39 (e) The individual's right to withdraw a request pursuant to this chapter, or consent for 40 any other treatment, at any time. 41 "Licensed mental health care professional", a treatment provider who is a psychiatrist, 42 psychologist, psychiatric social worker or psychiatric nurse and others who by virtue of 43 education, credentials, and experience are permitted by law to evaluate and care for the mental 44 health needs of patients. 45 "Medical aid in dying", the practice of evaluating a request, determining qualification, 46 performing the duties in sections 6, 7 and 8, and providing a prescription to a qualified individual 47 pursuant to this chapter. 48 "Medically confirmed," the medical opinion of the attending physician has been 49 confirmed by a consulting physician who has examined the patient and the patient's relevant

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medical records.

51 "Medication", aid in dying medication. 52 "Mentally capable", in the opinion of the attending physician or licensed mental health 53 care professional, the individual requesting medication pursuant to this chapter has the ability to 54 make and communicate an informed decision. 55 "Palliative care", a health care treatment as defined in section 227 of chapter 111, 56 including interdisciplinary end-of-life care and consultation with patients and family members, to 57 prevent or relieve pain and suffering and to enhance the patient's quality of life, including 58 hospice. 59 "Patient", an individual who has received health care services from a health care provider 60 for treatment of a medical condition. 61 "Physician", a doctor of medicine or osteopathy licensed to practice medicine in 62 Massachusetts by the board of registration in medicine. 63 "Qualified patient", a mentally capable adult who is a resident of Massachusetts, has been 64 diagnosed as being terminally ill, and has satisfied the requirements of this chapter. 65 "Resident", an individual who demonstrates residency in Massachusetts by presenting 66 one form of identification which may include but is not limited to: 67 (a) possession of a Massachusetts driver's license; 68 (b) proof of registration to vote in Massachusetts; 69 (c) proof that the individual owns or leases real property in Massachusetts;

- 70 (d) proof that the individual has resided in a Massachusetts health care facility for at least 71 3 months; 72 (e) computer-generated bill from a bank or mortgage company, utility company, doctor, 73 or hospital; 74 (f) a W-2 form, property or excise tax bill, or Social Security Administration or other 75 pension or retirement annual benefits summary statement dated within the current or prior year; 76 (g) a MassHealth or Medicare benefit statement; or 77 (h) filing of a Massachusetts tax return for the most recent tax year. 78 "Self-administer", a qualified patient's act of ingesting medication obtained under this 79 chapter. 80 "Terminally ill", having a terminal illness or condition which can reasonably be expected 81 to cause death within 6 months, whether or not treatment is provided. 82 Section 2. (a) A patient wishing to receive a prescription for medication under this 83 chapter shall make an oral request to the patient's attending physician. No less than 15 days after 84 making the request the patient shall submit a written request to the patient's attending physician 85 in substantially the form set in section 4. 86 (b) A terminally ill patient may voluntarily make an oral request for medical aid in dying 87 and a prescription for medication that the patient can choose to self-administer to bring about a
 - (1) is a mentally capable adult;

peaceful death if the patient:

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90	(2) is a resident of Massachusetts; and
91	(3) has been determined by the patient's attending physician to be terminally ill.
92	(c) A patient may provide a written request for medical aid in dying and a prescription for
93	medication that the patient can choose to self-administer to bring about a peaceful death if the
94	patient:
95	(1) has met the requirements in subsection (b);
96	(2) has been determined by a consulting physician to be terminally ill; and
97	(3) has had no less than 15 days pass after making the oral request.
98	(d) A patient shall not qualify under this chapter if the patient has a guardian.
99	(e) A patient shall not qualify under this chapter solely because of age or disability.
100	Section 3. (a) A valid written request must be witnessed by at least two individuals who,
101	in the presence of the patient, attest that to the best of their knowledge and belief that patient is:
102	(1) personally known to the witnesses or has provided proof of identity;
103	(2) acting voluntarily; and
104	(3) not being coerced to sign the request.
105	(b) At least one of the witnesses shall be an individual who is not:
106	(1) a relative of the patient by blood, marriage, or adoption;

107 (2) an individual who at the time the request is signed would be entitled to any portion of 108 the estate of the qualified patient upon death under any will or by operation of law; 109 (3) financially responsible for the medical care of the patient; or 110 (4) an owner, operator, or employee of a health care facility where the qualified patient is 111 receiving medical treatment or is a resident. 112 (c) The patient's attending physician at the time the request is signed shall not serve as a 113 witness. 114 (d) If the patient is a patient in a long-term care facility at the time the written request is 115 made, one of the witnesses shall be an individual designated by the facility. 116 Section 4. 117 REQUEST FOR MEDICAL AID IN DYING MEDICATION PURSUANT TO THE 118 MASSACHUSETTS END OF LIFE OPTIONS ACT 119 I,..., am an adult of sound mind and a resident of the State of Massachusetts. I am suffering from , which my attending physician has 120 121 determined is a terminal illness or condition which can reasonably be expected to cause death 122 within 6 months. This diagnosis has been medically confirmed as required by law. 123 I have been fully informed of my diagnosis, prognosis, the nature of the medical aid in 124 dying medication to be prescribed and potential associated risks, the expected result, and the 125 feasible alternatives and additional treatment opportunities, including, but not limited to, comfort 126 care, palliative care, hospice care, and pain control.

127	I request that my attending physician prescribe medical aid in dying medication that will
128	end my life in a peaceful manner if I choose to take it, and I authorize my attending physician to
129	contact any pharmacist to fill the prescription.
130	I understand that I have the right to rescind this request at any time. I understand the full
131	import of this request and I expect to die if I take the medical aid in dying medication to be
132	prescribed. I further understand that although most deaths occur within three hours, my death
133	may take longer and my physician has counseled me about this possibility. I make this request
134	voluntarily, without reservation, and without being coerced, and I accept full responsibility for
135	my actions.
136	Signed: Dated:
137	DECLARATION OF WITNESSES
138	By signing below, on the date the patient named above signs, we declare that the patient
139	making and signing the above request is personally known to us or has provided proof of
140	identity, and appears not to be under duress, fraud, or undue influence.
141	Printed Name of Witness 1:
142	Signature of Witness I/Date:
143	Printed Name of Witness 2:
144	Signature of Witness 2/Date:
145	Section 5. (a) A qualified patient may at any time rescind the request for medication
146	under this chapter without regard to the qualified patient's mental state.

147	(b) A prescription for medication under this chapter may not be written without the
148	attending physician offering the qualified patient an opportunity to rescind the request for
149	medication.
150	Section 6. (a) The attending physician shall:
151	(1) make the initial determination of whether an adult patient:
152	(i) is a resident of this state;
153	(ii) is terminally ill;
154	(iii) is mentally capable; and
155	(iv) has voluntarily made the request for medical aid in dying.
156	(2) ensure that the patient is making an informed decision by discussing with the patient:
157	(i) the patient's medical diagnosis;
158	(ii) the patient's prognosis;
159	(iii) the potential risks associated with taking the medication to be prescribed;
160	(iv) the probable result of taking the medication to be prescribed; and
161	(v) the feasible alternatives and additional treatment opportunities, including, but not
162	limited to, palliative care as defined in section 227 of chapter 111.
163	(3) refer the patient to a consulting physician to medically confirm the diagnosis and
164	prognosis and for a determination that the patient is mentally capable and is acting voluntarily;

165	(4) refer the patient for counseling pursuant to section 8;
166	(5) ensure that sections 6 through 8, inclusive, are followed in chronological order;
167	(6) have a prior clinical relationship with the patient, unless the patient's primary care
168	physician is unwilling to participate;
169	(7) recommend that the patient notify the patient's family or any person who plays a
170	significant role in an individual's life;
171	(8) recommend that the patient complete a Medical Order for Life-Sustaining Treatment
172	form;
173	(9) counsel the patient about the importance of:
174	(i) having another individual present when the patient takes the medication prescribed
175	under this chapter; and
176	(ii) not taking the medication in a public place;
177	(10) inform the patient that the patient may rescind the request for medication at any time
178	and in any manner;
179	(11) verify, immediately prior to writing the prescription for medication, that the patient
180	is making an informed decision;
181	(12) educate the patient on how to self-administer the medication;
182	(13) fulfill the medical record documentation requirements of section 13;

183	(14) ensure that all appropriate steps are carried out in accordance with this chapter
184	before writing a prescription for medication for a qualified patient; and
185	(15) (i) dispense medications directly, including ancillary medications intended to
186	facilitate the desired effect to minimize the patient's discomfort, if the attending physician is
187	authorized under law to dispense and has a current drug enforcement administration certificate;
188	or
189	(ii) with the qualified patient's written consent;
190	(A) contact a pharmacist, inform the pharmacist of the prescription, and
191	(B) deliver the written prescription personally, by mail, or by otherwise permissible
192	electronic communication to the pharmacist, who will dispense the medications directly to either
193	the patient, the attending physician, or an expressly identified agent of the patient. Medications
194	dispensed pursuant to this paragraph shall not be dispensed by mail or other form of courier.
195	(b) The attending physician may sign the patient's death certificate which shall list the
196	underlying terminal disease as the cause of death.
197	Section 7. (a) Before a patient may be considered a qualified patient under this chapter
198	the consulting physician shall:
199	(1) examine the patient and the patient's relevant medical records;
200	(2) confirm in writing the attending physician's diagnosis that the patient is suffering
201	from a terminal illness; and
202	(3) verify that the nation:

203	(i) is mentally capable;
204	(ii) is acting voluntarily; and
205	(iii) has made an informed decision.
206	Section 8. (a) An attending physician shall refer a patient who has requested medical aid
207	in dying medication under this chapter to counseling to determine that the patient is not suffering
208	from a psychiatric or psychological disorder or depression causing impaired judgment. The
209	licensed mental health professional shall review the medical history of the patient relevant to the
210	patient's current mental health and then shall submit a final written report to the prescribing
211	physician.
212	(b) The medical aid in dying medication may not be prescribed until the individual
213	performing the counseling determines that:
214	(1) the patient is not suffering from a psychiatric or psychological disorder or depression
215	causing impaired judgment; and
216	(2) there is no reason to suspect coercion in the patient's decision-making process.
217	Section 9. A qualified patient may not receive a prescription for medical aid in dying
218	medication pursuant to this chapter unless the patient has made an informed decision.
219	Immediately before issuing a prescription for medical aid in dying medication under this chapter
220	the attending physician shall verify that the qualified patient is making an informed decision.
221	Section 10. The attending physician shall recommend that a patient notify the patient's
222	family or any person who plays a significant role in an individual's life of the patient's request
223	for medical aid in dying medication pursuant to this chapter. A request for medical aid in dying

224	medication shall not be defined because a patient declines or is unable to notify the family or any
225	person who plays a significant role in an individual's life.
226	Section 11. The following items shall be documented or filed in the patient's medical
227	record:
228	(1) the determination and the basis for determining that a patient requesting medical aid
229	in dying medication pursuant to this chapter is a qualified patient;
230	(2) all oral requests by a patient for medical aid in dying medication;
231	(3) all written requests by a patient for medical aid in dying medication made pursuant to
232	sections 3 through 5, inclusive;
233	(4) the attending physician's diagnosis, prognosis, and determination that the patient is
234	mentally capable, is acting voluntarily, and has made an informed decision;
235	(5) the consulting physician's diagnosis, prognosis, and verification that the patient is
236	mentally capable, is acting voluntarily, and has made an informed decision;
237	(6) a report of the outcome and determinations made during counseling;
238	(7) the attending physician's offer before prescribing the medical aid in dying medication
239	to allow the qualified patient to rescind the patient's request for the medication;
240	(8) other care options that were offered to the patient, including, but not limited to,
241	hospice and palliative care; and
242	(9) a note by the attending physician indicating:

(a) that all requirements under this chapter have been met; and

(b) the steps taken to carry out the request, including a notation of the medication prescribed.

Section 12. Any medical aid in dying medication dispensed under this chapter that was not self-administered shall be disposed of by lawful means. The medication dispenser shall be responsible for informing the individual collecting the medication what disposal by lawful means entails.

Section 13. Physicians shall keep a record of the number of requests for medical aid in dying medication; number of prescriptions written; number of requests rescinded; the number of qualified patients that took the medication under this chapter; the general demographic and socioeconomic characteristics of the patient, and any physical disability of the patient. This data shall be reported to the department of public health annually, and shall subsequently be made available to the public.

Section 14. (a) Any provision in a contract, will, or other agreement, whether written or oral, to the extent the provision would affect whether a patient may make or rescind a request for medical aid in dying medication pursuant to this chapter, is not valid.

- (b) A qualified patient's act of making or rescinding a request for medical aid in dying shall not provide the sole basis for the appointment of a guardian or conservator.
- (c) A qualified patient's act of self-administering medical aid in dying medication obtained pursuant to this act shall not constitute suicide or have an effect upon any life, health, or accident insurance or annuity policy.

264 (d) Actions taken by health care providers and patient advocates supporting a qualified 265 patient exercising his or her rights pursuant to this chapter, including being present when the 266 patient self-administers medical aid in dying medication, shall not for any purpose, constitute 267 elder abuse, neglect, assisted suicide, mercy killing, or homicide under any civil or criminal law. 268 (e) State regulations, documents and reports shall not refer to the practice of medical aid 269 in dying under this chapter as "suicide" or "assisted suicide." 270 Section 15. (a) A health care provider may choose not to practice medical aid in dying. 271 (b) A health care provider or professional organization or association may not subject an 272 individual to censure, discipline, suspension, loss of license, loss of privileges, loss of 273 membership, or other penalty for participating or refusing to participate in providing medical aid 274 in dying medication to a qualified patient under this chapter. 275 (c) If a health care provider is unable or unwilling to carry out a patient's request under 276 this chapter and the patient transfers care to a new health care provider, the prior health care 277 provider shall transfer, upon request, a copy of the patient's relevant medical records to the new 278 health care provider. 279 (d) (1) Health care providers shall maintain and disclose upon request their written 280 policies outlining the extent to which they refuse to participate in providing to a qualified patient 281 any medical aid in dying medication under this chapter. 282 (2) The required consumer disclosure shall at minimum: 283 (i) include information about this chapter;

(ii) identify the specific services in which the health care provider refuses to participate;

(iii) clarify any difference between institution-wide objections and those that may be raised by individual licensed providers who are employed or work on contract with the provider;

- (iv) describe the mechanism the provider will use to provide patients a referral to another provider or provider in the provider's service area who is willing to perform the specific health care service;
- (v) describe the provider's policies and procedures relating to transferring patients to other providers who will implement the health care decision; and
- (vi) inform consumers that the cost of transferring records will be borne by the transferring provider.
 - (c) The consumer disclosure shall be provided to an individual upon request.
- (d) A health care entity that prohibits health care providers from qualifying, prescribing, or dispensing medication pursuant to this chapter while they are performing duties for the entity shall provide notice of such policy to the public by posting the information on its website.
- Section 16. (a) Purposely or knowingly altering or forging a request for medical aid in dying medication under this chapter without authorization of the patient or concealing or destroying a rescission of a request for medical aid in dying medication is punishable as a felony if the act is done with the intent or effect of causing the patient's death.
- (b) An individual who coerces or exerts undue influence on a patient to request medical aid in dying medication, or to destroy a rescission of a request, shall be guilty of a felony punishable by imprisonment in the state prison for not more than 3 years or in the house of

correction for not more than $2\frac{1}{2}$ years or by a fine of not more than \$1,000 or by both such fine and imprisonment.

- (c) Nothing in this chapter limits further liability for civil damages resulting from other negligent conduct or intentional misconduct by any individual.
- (d) The penalties in this chapter do not preclude criminal penalties applicable under other law for conduct inconsistent with the provisions of this chapter.
- Section 17. A governmental entity that incurs costs resulting from a qualified patient self-administering medical aid in dying medication in a public place while acting pursuant to this chapter may submit a claim against the estate of the patient to recover costs and reasonable attorney fees related to enforcing the claim.
- Section 18. If an emergency medical provider finds a patient who has self-administered medical aid in dying medication, they shall follow standard resuscitation protocol. If a Medical Order for Life-Sustaining Treatment or other legally recognized do-not-resuscitate order is found, then the medical provider shall follow the directives of the form.
- Section 19. Nothing in this chapter may be construed to authorize a physician or any other individual to end a patient's life by lethal injection, mercy killing, assisted suicide, or active euthanasia.
- Section 20. If any provision of this chapter or its application to any individual or circumstance is held invalid, the remainder of the act or the application of the provision to other individuals or circumstances is not affected.