HOUSE No. 564

The Commonwealth of Massachusetts

PRESENTED BY:

Michael S. Day

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying bill:

An Act relative to healthy school lunches.

PETITION OF:

| NAME: | DISTRICT/ADDRESS: | DATE ADDED: |
|------------------------|-------------------|-------------|
| Michael S. Day | 31st Middlesex | 2/18/2021 |
| Jason M. Lewis | Fifth Middlesex | 2/23/2021 |
| Lindsay N. Sabadosa | 1st Hampshire | 2/25/2021 |
| Kate Lipper-Garabedian | 32nd Middlesex | 2/26/2021 |
| Elizabeth A. Malia | 11th Suffolk | 3/18/2021 |
| Jack Patrick Lewis | 7th Middlesex | 4/13/2021 |

HOUSE No. 564

By Mr. Day of Stoneham, a petition (accompanied by bill, House, No. 564) of Michael S. Day and others relative to nutrition in public schools. Education.

The Commonwealth of Alassachusetts

In the One Hundred and Ninety-Second General Court (2021-2022)

An Act relative to healthy school lunches.

10

section:-

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

1 SECTION 1. Chapter 6 of the General Laws is hereby amended by inserting after section 2 15IIIIII, 3 inserted by chapter 86 of the acts of 2001, the following section:-4 Section 15JJJJJJ. The governor shall annually issue a proclamation setting apart March 21 5 as 6 Massachusetts Child Nutrition Day and recommending that the day be observed in an 7 appropriate manner by the people. 8 SECTION 2. Chapter 71 is hereby amended by inserting, after section x, the following 9 new

| 11 | Section 98. (a) The purpose of this section is to ensure that the students of the |
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| 12 | Commonwealth |
| 13 | are appropriately nourished in order to support a healthier, livable and more equitable |
| 14 | future |
| 15 | for all. |
| 16 | (b) For the purposes of this section, the following words shall have the following |
| 17 | meanings:- |
| 18 | (i) "entrée" is defined as the meat or meat alternate category within the USDA's Federal |
| 19 | Nutrition Standards |
| 20 | (ii) "Fiber-rich" is defined as a meal item that contains at least 20% of the |
| 21 | minimum daily grams of fiber for youth ages 2-18 as determined by the |
| 22 | National Institute of Health's Daily Reference Intakes (DRI). |
| 23 | (iii) "Reimbursable meal" is any meal that meets the United States Department |
| 24 | of Agriculture (USDA) National School Lunch Program nutritional |
| 25 | requirements for federal reimbursement at the annual allotted rate of any of |
| 26 | the following: (a) free lunch; (b) reduced-price lunch; or (c) paid lunch |
| 27 | (iv) "ultra-processed food" is defined as industrial formulations of food |
| 28 | substances never or rarely used in kitchens (such as high-fructose corn syrup. |

| 29 | hydrogenated or interesterified oils, and hydrolysed proteins), or classes of |
|----|---|
| 30 | additives designed to make the final product palatable, appealing, or |
| 31 | preservable (such as flavours, flavour enhancers, colours, emulsifiers, |
| 32 | emulsifying salts, sweeteners, thickeners, nitrates, nitrites, preservatives, and |
| 33 | anti-foaming, bulking, carbonating, foaming, gelling and glazing agents) |
| 34 | (c) Any food service provider selling food to Massachusetts public schools for our |
| 35 | children |
| 36 | to consume shall ensure that at least 50% of the entrées sold and served for lunch |
| 37 | within school hours in schools, school districts, or other entities over the course of each |
| 38 | week are healthy foods containing whole grains, vegetables, fruits, legumes, and other |
| 39 | fiber-rich proteins as part of a reimbursable meal offering within the federal National |
| 40 | School Lunch Program. |
| 41 | (d) No food service provider may sell or serve in Massachusetts public schools, school |
| 42 | districts, or other entities more than 20% of entrée items that are ultra-processed or |
| 43 | have a nutritional composition that includes more than 30 milligrams of cholesterol or |
| 44 | more than 5% of the entrées' total calories from saturated fat as part of a reimbursable |
| 45 | meal offering within the federal National School Lunch |
| 46 | (e) Each food service provider selling food to Massachusetts public schools for school |

- 47 children to consume, shall keep itemized nutrition data that is made publicly available
- on a monthly basis to demonstrate compliance with this statute.