

HOUSE No. 600

The Commonwealth of Massachusetts

PRESENTED BY:

Carmin Lawrence Gentile

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the adoption of the accompanying resolve:

Resolve authorizing a study of starting times and schedules.

PETITION OF:

NAME:	DISTRICT/ADDRESS:	DATE ADDED:
<i>Carmin Lawrence Gentile</i>	<i>13th Middlesex</i>	<i>1/26/2021</i>
<i>Maria Duaine Robinson</i>	<i>6th Middlesex</i>	<i>2/1/2021</i>
<i>Shawn Dooley</i>	<i>9th Norfolk</i>	<i>2/1/2021</i>
<i>Timothy R. Whelan</i>	<i>1st Barnstable</i>	<i>2/2/2021</i>
<i>Tommy Vitolo</i>	<i>15th Norfolk</i>	<i>2/7/2021</i>
<i>Tram T. Nguyen</i>	<i>18th Essex</i>	<i>2/8/2021</i>
<i>Kay Khan</i>	<i>11th Middlesex</i>	<i>2/8/2021</i>
<i>Angelo J. Puppolo, Jr.</i>	<i>12th Hampden</i>	<i>2/8/2021</i>
<i>Christopher Hendricks</i>	<i>11th Bristol</i>	<i>2/8/2021</i>
<i>Lindsay N. Sabadosa</i>	<i>1st Hampshire</i>	<i>2/8/2021</i>
<i>Jacob R. Oliveira</i>	<i>7th Hampden</i>	<i>2/8/2021</i>
<i>Sheila C. Harrington</i>	<i>1st Middlesex</i>	<i>2/8/2021</i>
<i>Danillo A. Sena</i>	<i>37th Middlesex</i>	<i>2/8/2021</i>
<i>Linda Dean Campbell</i>	<i>15th Essex</i>	<i>2/8/2021</i>
<i>Michael O. Moore</i>	<i>Second Worcester</i>	<i>2/8/2021</i>
<i>Steven C. Owens</i>	<i>29th Middlesex</i>	<i>2/8/2021</i>
<i>James K. Hawkins</i>	<i>2nd Bristol</i>	<i>2/9/2021</i>

<i>James B. Eldridge</i>	<i>Middlesex and Worcester</i>	<i>2/16/2021</i>
<i>Bud L. Williams</i>	<i>11th Hampden</i>	<i>2/17/2021</i>
<i>Carol A. Doherty</i>	<i>3rd Bristol</i>	<i>2/20/2021</i>
<i>David Paul Linsky</i>	<i>5th Middlesex</i>	<i>2/23/2021</i>
<i>Christina A. Minicucci</i>	<i>14th Essex</i>	<i>2/24/2021</i>
<i>Jack Patrick Lewis</i>	<i>7th Middlesex</i>	<i>2/24/2021</i>
<i>Michael S. Day</i>	<i>31st Middlesex</i>	<i>2/25/2021</i>
<i>David Allen Robertson</i>	<i>19th Middlesex</i>	<i>2/25/2021</i>
<i>Natalie M. Higgins</i>	<i>4th Worcester</i>	<i>2/26/2021</i>
<i>Adam J. Scanlon</i>	<i>14th Bristol</i>	<i>2/26/2021</i>
<i>Diana DiZoglio</i>	<i>First Essex</i>	<i>2/26/2021</i>
<i>Bradley H. Jones, Jr.</i>	<i>20th Middlesex</i>	<i>3/9/2021</i>
<i>Patrick M. O'Connor</i>	<i>Plymouth and Norfolk</i>	<i>3/3/2021</i>
<i>Kate Lipper-Garabedian</i>	<i>32nd Middlesex</i>	<i>3/15/2021</i>
<i>Sean Garballey</i>	<i>23rd Middlesex</i>	<i>3/17/2021</i>

HOUSE No. 600

By Mr. Gentile of Sudbury, a petition (accompanied by resolve, House, No. 600) of Carmine Lawrence Gentile and others for an investigation by a task force of the effect of school day start times for middle school and secondary school students. Education.

The Commonwealth of Massachusetts

**In the One Hundred and Ninety-Second General Court
(2021-2022)**

Resolve authorizing a study of starting times and schedules.

1 **Resolved**, that the department of elementary and secondary education shall convene an
2 educational task force to review the effect of school day start times for middle school and
3 secondary school students. The task force shall consist of: the commissioner of elementary and
4 secondary education or a designee who shall serve as chair; the secretary of education or a
5 designee; the executive director of the Massachusetts Association of School Committees, Inc. or
6 a designee; the executive director of the Massachusetts Association of School Superintendents,
7 Inc. or a designee; the executive director of the Massachusetts Secondary Schools
8 Administration Association, Inc. or a designee; the executive director of Massachusetts Start
9 School Later, Inc. or a designee; the executive director of the Massachusetts Association of
10 School Business Officials, Inc. or a designee; a representative from Harvard Medical School’s
11 Division of Sleep Medicine; a representative from the Massachusetts Chapter of the American
12 Academy of Pediatrics, a representative from the Massachusetts School Psychologists
13 Association; a parent of a high school student who is a member of a school council, as defined in
14 section 59C of chapter 71 of the General Laws; a teacher from a district which has implemented

15 later school day start times; and a superintendent from a district which has implemented later
16 school day start times.

17 The task force shall: (i) conduct a comprehensive study, including a review of the
18 scientific findings relative to sleep needs of adolescents and the effect that middle school and
19 secondary school day start times have on the health and academic performance of students; (ii)
20 determine the number of districts in the commonwealth that have implemented later school day
21 start times for middle schools and secondary schools and examine the health and academic
22 performance of students; and (iii) identify resources and opportunities to assist districts in
23 implementing later school day start times for middle schools and secondary schools, should the
24 task force's findings under clauses (i) and (ii) suggest that a later school day start time is
25 beneficial to health and learning of students.

26 The task force shall file a report containing its findings and recommendations, including
27 legislation necessary to carry out its recommendations, with the clerks of the senate and house of
28 representatives by July 1, 2022.