

SENATE No. 242

The Commonwealth of Massachusetts

PRESENTED BY:

Brian A. Joyce

To the Honorable Senate and House of Representatives of the Commonwealth of Massachusetts in General Court assembled:

The undersigned legislators and/or citizens respectfully petition for the passage of the accompanying bill:

An Act to establish school nutrition education classes.

PETITION OF:

NAME:

Brian A. Joyce

DISTRICT/ADDRESS:

Norfolk, Bristol and Plymouth

SENATE No. 242

By Mr. Joyce, a petition (accompanied by bill, Senate, No. 242) of Brian A. Joyce for legislation to establish school nutrition education classes. Education.

[SIMILAR MATTER FILED IN PREVIOUS SESSION
SEE
□ SENATE
□ , NO. 211 OF 2011-2012.]

The Commonwealth of Massachusetts

In the Year Two Thousand Thirteen

An Act to establish school nutrition education classes.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

1 SECTION 1. Chapter 71 of the General Laws is hereby added by inserting after section 3
2 the following section:-

3 Section 3B. Nutrition Education. All students attending public schools shall be required
4 from grades 1 to 9, inclusive, to attend a weekly class dedicated to nutrition education and
5 physical fitness guidelines. The class shall include, but not be limited to, instruction on: fat
6 content awareness, cholesterol count, carbohydrate measurements, healthy eating guidelines,
7 organic foods awareness, kosher food benefits, the health benefits of balanced nutrition, 3 meals
8 a day, dietary fiber and general nutritional health guidelines, as well as the dangers of cigarettes
9 and alcohol and fast food establishments. Nutrition classes shall meet for not less than 45
10 minutes per week in the school calendar year.

11 SECTION 2. This Act shall take effect upon its passage.