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State of Minnesota

HOUSE OF REPRESENTATIVES

EIGHTY-NINTH SESSION

H. F. No. 2023

03/19/2015 Authored by Allen

The bill was read for the first time and referred to the Committee on Health and Human Services Reform

1.1 A bill for an act
1.2 relating to health; appropriating money for culturally appropriate fitness grants
1.3 for immigrant women.

1.4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF MINNESOTA:

1.5 Section 1. APPROPRIATION; CULTURALLY APPROPRIATE FITNESS
1.6 GRANTS.

1.7 Subdivision 1. Culturally appropriate fitness grants. (a) The commissioner of
1.8 health shall establish a competitive grant program to award nonprofit agencies grants to
1.9 focus on culturally appropriate fitness for immigrant women. The commissioner may
1.10 award multiple grants to multiple nonprofit agencies or a single grant to a nonprofit agency.

1.11 (b) For deciding which nonprofit agency will receive a grant, the commissioner
1.12 shall consider whether a grant applicant demonstrates a plan to provide, at little or no
1.13 cost to participants:

1.14 (1) at a minimum, weekly culturally appropriate fitness testing, physical activity, and
1.15 nutrition education to immigrant women from various cultures;

1.16 (2) culturally appropriate education to women on various health issues, including,
1.17 but not limited to, diabetes, blood pressure, bone health, and mental health;

1.18 (3) information on the benefits of physical activity for women;

1.19 (4) transportation for women who wish to participate in the activities;

1.20 (5) qualified instructors to assist with the physical activities and provide education;

1.21 (6) qualified instructors to provide assistance to a participant's child or children with
1.22 education and school work; and

1.23 (7) culturally appropriate spiritual healing classes for immigrant women.

2.1 (c) Any nonprofit agency that receives a grant under this section shall submit to the
2.2 commissioner an annual report on the progress of the fitness program.

2.3 Subd. 2. **Appropriation.** \$..... is appropriated from the general fund to the
2.4 commissioner of health for culturally appropriate fitness grants to nonprofit agencies under
2.5 this section for the purpose of enhancing the fitness and health of immigrant women.