

**As Adopted by the House**

**135th General Assembly  
Regular Session  
2023-2024**

**H. R. No. 278**

**Representatives Dobos, Upchurch**

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**A RESOLUTION**

Recognizing Cholesterol Education Awareness Month in Ohio  
and LDL-C Awareness Day in Ohio 2023.

WHEREAS, The members of the House of Representatives of the 135th 1  
General Assembly of Ohio are pleased to recognize September 2023 as 2  
Cholesterol Education Awareness Month in Ohio and September 1, 2023, 3  
as LDL-C Awareness Day in Ohio; and 4

WHEREAS, Cholesterol Education Awareness Month and LDL-C 5  
Awareness Day were designated by the Centers for Disease Control and 6  
Prevention (CDC) and are recognized across the country annually. 7  
Millions of citizens are suffering from illnesses, many of which are 8  
poorly understood despite being commonplace, and it is of vital 9  
importance that an effort be made to raise public awareness of the 10  
causes and risks and the preventative steps one can take to live a 11  
healthier life. Cardiovascular disease is one such illness affecting 12  
millions, and a leading contributor to this condition is the presence 13  
of high levels cholesterol, also called hypercholesterolemia; and 14

WHEREAS, Hypercholesterolemia is defined as the chronic presence 15  
of high levels of low-density lipoprotein cholesterol, or LDL-C, 16  
within the blood stream, and this can lead to fatty buildups within 17  
the arteries, heart valve problems, strokes, arrhythmia, and many 18  
other conditions. It is estimated that nearly thirty-seven percent of 19  
adults in Ohio suffer from high cholesterol, including disproportional 20  
numbers among our state's minority populations, and despite the 21  
availability of effective treatments, a majority of patients do not 22  
have the information required to avoid preventable heart attacks or 23  
stroke; and 24

WHEREAS, In an effort to raise awareness of this important issue, 25  
initiatives such as the LDL-C Action Summit and the Center for Disease 26

Control's Million Hearts program have been implemented in an effort to 27  
reduce cardiovascular events, and all those associated with these 28  
efforts are deserving of acknowledgement for their commitment to a 29  
healthier world. It is our hope that their work will lead to improved 30  
outcomes for cardiovascular disease patients and will help build a 31  
better future for our state; therefore be it 32

RESOLVED, That we, the members of the House of Representatives of 33  
the 135th General Assembly of Ohio, in adopting this Resolution, 34  
recognize September 2023 as Cholesterol Education Awareness Month in 35  
Ohio and September 1, 2023, as LDL-C Awareness Day in Ohio and urge 36  
all citizens to learn about this medical condition; and be it further 37

RESOLVED, That the Clerk of the House of Representatives transmit 38  
duly authenticated copies of this Resolution to the news media of 39  
Ohio. 40