

1 STATE OF OKLAHOMA

2 2nd Session of the 57th Legislature (2020)

3 HOUSE BILL 3001

By: Meredith

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5
6 AS INTRODUCED

7 An Act relating to schools; amending 70 O.S. 2011,
8 Section 11-103.9, as last amended by Section 1,
9 Chapter 50, O.S.L. 2019 (70 O.S. Supp. 2019, Section
10 11-103.9), which relates to physical education
11 programs required for accreditation; requiring that
12 wellness and nutrition curriculum be written by a
13 registered dietitian; requiring that wellness and
14 nutrition instruction be taught by a registered
15 dietician; and providing an effective date.

16 BE IT ENACTED BY THE PEOPLE OF THE STATE OF OKLAHOMA:

17 SECTION 1. AMENDATORY 70 O.S. 2011, Section 11-103.9, as
18 last amended by Section 1, Chapter 50, O.S.L. 2019 (70 O.S. Supp.
19 2019, Section 11-103.9), is amended to read as follows:

20 Section 11-103.9 A. Except as otherwise provided for in this
21 section, the State Board of Education shall require, as a condition
22 of accreditation, that school districts provide to all students
23 physical education programs which may include athletics.

24 B. The Board shall require, as a condition of accreditation,
that public elementary schools provide instruction, for students in
full-day kindergarten and grades one through five, in physical

1 education or exercise programs for a minimum of an average of sixty
2 (60) minutes each week. The time students participate in recess
3 shall not be counted toward the sixty-minutes-per-week physical
4 education requirement. Schools may exclude from participation in
5 the physical education or exercise programs required in this
6 subsection those students who have been placed into an in-house
7 suspension or detention class or placement or those students who are
8 under an in-school restriction or are subject to an administrative
9 disciplinary action.

10 C. The Board shall require, as a condition of accreditation,
11 that public elementary schools provide to students in full-day
12 kindergarten and grades one through five, in addition to the
13 requirements set forth in subsection B of this section, an average
14 of sixty (60) minutes each week of physical activity, which may
15 include, but not be limited to, physical education, exercise
16 programs, fitness breaks, recess, and classroom activities, and
17 wellness and nutrition education. Each school district board of
18 education shall determine the specific activities and means of
19 compliance with the provisions of this subsection, giving
20 consideration to the recommendations of each school's Healthy and
21 Fit School Advisory Committee as submitted to the school principal
22 pursuant to the provisions of Section 24-100a of this title.

23 D. The Board shall disseminate information to each school
24 district on the benefits of physical education programs and shall

1 strongly encourage districts to provide physical education
2 instruction to students in grades six through twelve. The Board
3 shall also strongly encourage school districts to incorporate
4 physical activity into the school day by providing to students in
5 full-day kindergarten and grades one through five at least a twenty-
6 minute daily recess, which shall be in addition to the sixty (60)
7 minutes of physical education as required by subsection B of this
8 section, and by allowing all students brief physical activity breaks
9 throughout the day, physical activity clubs, and special events.

10 E. Instruction in physical education required in this section
11 shall be aligned with the subject matter standards as adopted by the
12 Board.

13 F. The physical education curriculum shall be sequential,
14 developmentally appropriate, and designed, implemented, and
15 evaluated to enable students to develop the motor and self-
16 management skills and knowledge necessary to participate in physical
17 activity throughout life. Each school district shall establish
18 specific objectives and goals the district intends to accomplish
19 through the physical education curriculum.

20 G. In identifying the essential knowledge and skills, the State
21 Board of Education shall ensure that the subject matter standards
22 for physical education:

23 1. Emphasize the knowledge and skills capable of being used
24 during a lifetime of regular physical activity;

1 2. Are consistent with national physical education standards
2 for:

3 a. the information that students should learn about
4 physical activity, and

5 b. the physical activities that students should be able
6 to perform;

7 3. Require that, on a weekly basis, at least fifty percent
8 (50%) of the physical education class be used for actual student
9 physical activity and that the activity be, to the extent
10 practicable, at a moderate or vigorous level;

11 4. Offer students an opportunity to choose among many types of
12 physical activity in which to participate;

13 5. Offer students both cooperative and competitive games;

14 6. Meet the needs of students of all physical ability levels,
15 including students who have a disability, chronic health problem, or
16 other special need that precludes the student from participating in
17 regular physical education instruction but who might be able to
18 participate in physical education that is suitably adapted and, if
19 applicable, included in the student's individualized education
20 program;

21 7. Teach self-management and movement skills;

22 8. Teach cooperation, fair play, and responsible participation
23 in physical activity;

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1 9. Promote student participation in physical activity outside
2 of school; and

3 10. Allow physical education classes to be an enjoyable
4 experience for students.

5 H. Any wellness and nutrition education curriculum incorporated
6 pursuant to this section shall be written by a registered dietitian.
7 Any instruction in wellness and nutrition offered pursuant to this
8 section shall be taught by a registered dietitian.

9 I. The Board shall adopt rules to implement the provisions of
10 this section.

11 SECTION 2. This act shall become effective November 1, 2020.

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13 57-2-10292 AB 01/08/20

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