
THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION

No. 144 Session of
2023

INTRODUCED BY VENKAT, MADDEN, SANCHEZ, PROBST, CEPEDA-FREYTIZ,
SCHLOSSBERG, HILL-EVANS, HANBIDGE, KHAN, SCOTT, HADDOCK,
MALAGARI AND D. WILLIAMS, JUNE 9, 2023

REFERRED TO COMMITTEE ON HEALTH, JUNE 9, 2023

A RESOLUTION

1 Designating the month of September 2023 as "Cholesterol
2 Education Month" and September 1, 2023, as "LDL-C Awareness
3 Day" in Pennsylvania.

4 WHEREAS, High cholesterol, also called hypercholesterolemia,
5 is the chronic presence of high levels of cholesterol in the
6 blood that can lead to cardiovascular disease (CVD) and
7 cardiovascular events, such as heart attacks or strokes; and

8 WHEREAS, CVD is arguably the most underappreciated public
9 health crisis of our time, as someone in the United States has a
10 heart attack every 40 seconds, but approximately 80% of these
11 heart attacks are preventable; and

12 WHEREAS, Low-density lipoprotein cholesterol (LDL-C), or "bad
13 cholesterol," is an easily modifiable risk factor for CVD; and

14 WHEREAS, Lower LDL-C is associated with a reduced risk of
15 heart attack and stroke; and

16 WHEREAS, More than 80 million adults have high LDL-C,
17 including nearly 35% of adults in this Commonwealth; and

18 WHEREAS, Approximately 7.9% of adults in this Commonwealth

1 were diagnosed with CVD in 2021; and

2 WHEREAS, Approximately 36.6% of adults in this Commonwealth
3 have been diagnosed with elevated cholesterol levels; and

4 WHEREAS, The resources needed to bend the curve in CVD exist,
5 yet approximately 71% of hypercholesterolemia patients at high
6 risk of a cardiovascular event never achieve recommended LDL-C
7 treatment guideline thresholds; and

8 WHEREAS, CVD disproportionately affects minoritized
9 populations, with approximately 52.3% of Hispanic males and
10 42.7% of Hispanic females 20 years of age and older having CVD;
11 and

12 WHEREAS, Approximately 60.1% of Black males and 58.8% of
13 Black females 20 years of age and older have CVD; and

14 WHEREAS, The LDL-C Action Summit, a consortium of the
15 nation's leading cardiovascular stakeholder groups, seeks to cut
16 cardiovascular events in half by 2030; and

17 WHEREAS, The Centers for Disease Control and Prevention's
18 Million Hearts program seeks to improve access and quality of
19 care to reduce heart disease, stroke and death; and

20 WHEREAS, September is recognized as "National Cholesterol
21 Education Month" to raise awareness of CVD and the importance of
22 knowing one's LDL-C number; and

23 WHEREAS, The Department of Health should broadly disseminate
24 information and educate Pennsylvanians about its cardiovascular
25 plan to accelerate quality improvements and measures to achieve
26 improved health outcomes for CVD patients; and

27 WHEREAS, All Pennsylvanians should be encouraged to know
28 their LDL-C number; and

29 WHEREAS, Providers should treat all CVD patients in
30 accordance with American College of Cardiology treatment

1 guidelines; therefore be it

2 RESOLVED, That the House of Representatives designate the
3 month of September 2023 as "Cholesterol Education Month" and
4 September 1, 2023, as "LDL-C Awareness Day" in Pennsylvania.