

THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION

No. 437 Session of 2024

INTRODUCED BY PARKER, HILL-EVANS, GIRAL, VENKAT, HANBIDGE, McNEILL, SMITH-WADE-EL, SCHLOSSBERG, KINSEY, HOHENSTEIN, OTTEN, PROBST, HADDOCK, KHAN, SANCHEZ, D. WILLIAMS, FLEMING, DALEY AND CURRY, MAY 20, 2024

REFERRED TO COMMITTEE ON HEALTH, MAY 20, 2024

A RESOLUTION

1 Recognizing the month of May 2024 as "Menstrual Health Awareness  
2 Month" in Pennsylvania.

3 WHEREAS, Menstrual health is characterized by how physical,  
4 mental and social well-being relates to the menstrual cycle; and

5 WHEREAS, The menstrual cycle is a biological cycle that  
6 typically lasts between 24 and 38 days; and

7 WHEREAS, The menstrual cycle begins on the first day of  
8 menstruation, also known as a period, and ends on the first day  
9 of the following menstruation; and

10 WHEREAS, The menstrual cycle can undergo significant changes  
11 as a person ages; and

12 WHEREAS, Every day, roughly 800 million people are  
13 menstruating; and

14 WHEREAS, Many women, girls and people who menstruate do not  
15 have access to comprehensive education on menstruation; and

16 WHEREAS, A number of people who menstruate lack access to  
17 menstrual hygiene products, including sanitary pads, tampons,

1 menstrual cups or period underwear; and

2 WHEREAS, As many as four in five students have missed class  
3 time or know someone who has due to the lack of access to  
4 menstrual hygiene products; and

5 WHEREAS, An estimated 14% to 25% of women, girls and people  
6 who menstruate have irregular menstrual cycles; and

7 WHEREAS, Menstrual irregularities occur more frequently in  
8 low-income and minority groups; and

9 WHEREAS, Women, girls and people who menstruate may delay  
10 seeking treatment for severe pain or irregularities; and

11 WHEREAS, Teens and adults have reported feeling negatively  
12 affected by the stigma associated with menstruation; and

13 WHEREAS, May 28th is recognized around the world as  
14 "Menstrual Hygiene Day," a day dedicated to the goal of reducing  
15 the stigma surrounding menstruation; therefore be it

16 RESOLVED, That the House of Representatives recognize the  
17 month of May 2024 as "Menstrual Health Awareness Month" in  
18 Pennsylvania.