## THE GENERAL ASSEMBLY OF PENNSYLVANIA

## HOUSE RESOLUTION

<sub>No.</sub> 90

Session of 2023

INTRODUCED BY SCHLOSSBERG, BOROWSKI, BRENNAN, CEPEDA-FREYTIZ, CONKLIN, DEASY, DELLOSO, FLICK, FREEMAN, HARRIS, HILL-EVANS, KAZEEM, KENYATTA, KHAN, KINSEY, R. MACKENZIE, MADDEN, MALAGARI, NEILSON, O'MARA, PARKER, PICKETT, ROZZI, SAMUELSON, SANCHEZ, SHUSTERMAN, STRUZZI, TOMLINSON AND VENKAT, APRIL 27, 2023

REFERRED TO COMMITTEE ON HUMAN SERVICES, APRIL 27, 2023

## A RESOLUTION

- 1 Recognizing the month of May 2023 as "Mental Health Awareness Month" in Pennsylvania.
- 3 WHEREAS, Mental health is critical to the overall well-being
- 4 of individuals, families, communities and businesses; and
- 5 WHEREAS, Mental illnesses are biologically based brain
- 6 disorders that cannot be overcome through willpower and are not
- 7 related to an individual's character or intelligence; and
- 8 WHEREAS, Mental health issues can affect individuals of any
- 9 race, religion, economic status or age; and
- 10 WHEREAS, Mental illnesses usually strike individuals in the
- 11 prime of their lives, often during adolescence and young
- 12 adulthood; and
- 13 WHEREAS, Individuals with mental illness have the same needs
- 14 and are guaranteed the same rights as all Americans; and
- 15 WHEREAS, Individuals with mental illness experience
- 16 discrimination in education, employment and housing; and

- 1 WHEREAS, A lack of full and proper treatment for individuals
- 2 with mental illness costs public and private employers hundreds
- 3 of billions of dollars annually through absenteeism, turnover
- 4 and low productivity; and
- 5 WHEREAS, In 2020, an estimated 17% of adolescents 12 to 17
- 6 years of age experienced a major depressive episode (MDE); and
- 7 WHEREAS, Individuals are classified as having an MDE if they
- 8 experience a depressed mood or loss of interest in daily
- 9 activities and have additional symptoms, including problems with
- 10 sleep, eating, energy, concentration or self-worth, over a
- 11 certain period of time; and
- 12 WHEREAS, The National Institute of Mental Health estimates
- 13 approximately 57 million adults in the United States have a
- 14 mental illness that includes a mental, behavioral or emotional
- 15 disorder; and
- 16 WHEREAS, Proper identification and treatment of mental
- 17 illnesses, including support, are proven to be effective and are
- 18 vitally important to assist individuals in leading full,
- 19 productive lives; therefore be it
- 20 RESOLVED, That the House of Representatives recognize the
- 21 month of May 2023 as "Mental Health Awareness Month" in
- 22 Pennsylvania; and be it further
- 23 RESOLVED, That all government agencies, public and private
- 24 institutions, businesses, schools and residents of this
- 25 Commonwealth strive to increase awareness and understanding of
- 26 mental illnesses and the need for appropriate and accessible
- 27 services for individuals with mental illness throughout the
- 28 communities of this Commonwealth.