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THE GENERAL ASSEMBLY OF PENNSYLVANIA

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SENATE RESOLUTION

No. 195 Session of  
2023

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INTRODUCED BY ARGALL, BROWN, MARTIN, HUGHES, TARTAGLIONE,  
SANTARSIERO, COSTA, HUTCHINSON, DUSH AND SCHWANK,  
OCTOBER 31, 2023

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REFERRED TO RULES AND EXECUTIVE NOMINATIONS, OCTOBER 31, 2023

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A RESOLUTION

1 Recognizing the month of October 2023 as "National Chiropractic  
2 Health Month" in Pennsylvania.

3 WHEREAS, Approximately 20% of adults in the United States, or  
4 one in five, experience chronic pain, which is pain lasting more  
5 than three months; and

6 WHEREAS, New cases of chronic pain occur more frequently  
7 among adults than new cases of other common chronic conditions  
8 such as diabetes and high blood pressure; and

9 WHEREAS, In the United States, musculoskeletal conditions, a  
10 common cause of chronic pain, result in more than 130 million  
11 health care visits annually, making them the primary reason  
12 people visit their doctors; and

13 WHEREAS, Low back pain, which ranks among the most common  
14 forms of chronic pain, has been one of the leading reasons why  
15 people are prescribed opioids; and

16 WHEREAS, The number of people worldwide living with back pain  
17 is projected to reach 843 million over the next 30 years, an

1 increase of 36%; and

2 WHEREAS, According to the Centers for Disease Control and  
3 Prevention (CDC), one in four patients who receive prescription  
4 opioids long term for noncancer pain struggle with addiction;  
5 and

6 WHEREAS, The American College of Physicians low back pain  
7 treatment guidelines promote the use of noninvasive, drug-free  
8 approaches such as spinal manipulation as a first line of  
9 defense against back pain before the use of pain medications and  
10 surgery; and

11 WHEREAS, The CDC's 2022 Clinical Practice Guideline for  
12 Prescribing Opioids promotes diverse approaches and varied pain  
13 management solutions and specifically encourages use of opioid-  
14 free and nonpharmacologic therapies as a first line of treatment  
15 against subacute and chronic pain; and

16 WHEREAS, Doctors of chiropractic play a key role in helping  
17 patients manage pain and lessen their reliance on prescription  
18 pain medications with their evidence-based, patient-centered and  
19 drug-free approach; and

20 WHEREAS, With the theme "Chiropractic: Relieve, Restore,  
21 Resume" for 2023, "National Chiropractic Health Month" reminds  
22 people that drug-free treatments for low back, neck and joint  
23 pain, such as spinal manipulation and other chiropractic  
24 services, can help relieve pain and restore joint function,  
25 helping people to resume their lives and the activities that  
26 matter most; therefore be it

27 RESOLVED, That the Senate, in support of the American  
28 Chiropractic Association, recognize the month of October 2023 as  
29 "National Chiropractic Health Month" in Pennsylvania.