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THE GENERAL ASSEMBLY OF PENNSYLVANIA

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SENATE RESOLUTION

No. 291 Session of  
2014

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INTRODUCED BY TARTAGLIONE, BAKER, KITCHEN, BOSCOLA, STACK,  
FERLO, GREENLEAF, DINNIMAN, WASHINGTON, WOZNIAK, ARGALL,  
TEPLITZ, FONTANA, SMITH, ERICKSON, FARNESE, RAFFERTY,  
BREWSTER, COSTA, ALLOWAY, KASUNIC, TOMLINSON, VULAKOVICH,  
HUGHES, PILEGGI, WHITE, YUDICHAK, SCHWANK, SOLOBAY AND  
BROWNE, FEBRUARY 4, 2014

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INTRODUCED AND ADOPTED, FEBRUARY 4, 2014

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A RESOLUTION

1 Designating Friday, February 7, 2014, as "National Wear Red Day"  
2 in Pennsylvania.

3 WHEREAS, Heart disease is the number one killer of women and  
4 is often preventable; and

5 WHEREAS, Cardiovascular diseases cause the deaths of one in  
6 three women each year, killing approximately one woman every  
7 minute; and

8 WHEREAS, An estimated 43 million women in the United States  
9 are affected by cardiovascular diseases; and

10 WHEREAS, Heart disease kills more women than all forms of  
11 cancer combined, but is often undiagnosed; and

12 WHEREAS, Ninety percent of women have one or more risk  
13 factors for developing heart disease, yet only one in five  
14 American women believe that heart disease is her greatest health  
15 threat; and

16 WHEREAS, Women comprise only 24% of participants in all

1 heart-related studies; and

2 WHEREAS, Since 1984, more women than men have died each year  
3 from heart disease, and the gap between men's and women's  
4 survival continues to widen; and

5 WHEREAS, Women are less likely to call 911 for themselves  
6 when experiencing symptoms of a heart attack than they are if  
7 someone else were having a heart attack; and

8 WHEREAS, The American Heart Association's Go Red For Women  
9 movement has been impacting the health of women for ten years,  
10 and more than 627,000 women's lives have been saved and 330  
11 fewer women are dying every day; and

12 WHEREAS, By increasing awareness, speaking up about heart  
13 disease and empowering women to reduce their risk for  
14 cardiovascular disease, thousands of lives can be saved each  
15 year; and

16 WHEREAS, In celebration of the 10th Birthday of National Wear  
17 Red Day on February 7, 2014, Go Red For Women is asking all  
18 women across America to Go Red by wearing red and speaking red.

19 **Get Your Numbers:** Ask your doctor to check your blood  
20 pressure and cholesterol.

21 **Own Your Lifestyle:** Stop smoking, lose weight, exercise  
22 and eat healthy.

23 **Realize Your Risk:** Women think it won't happen, but heart  
24 disease is the cause of one in three female deaths each  
25 year.

26 **Educate Your Family:** Make healthy food choices for you  
27 and your family. Teach your kids the importance of  
28 staying active.

29 **Don't be silent:** Tell every woman you know that heart  
30 disease is their number one killer. Raise your voice at

1           GoRedForWomen.org;

2 therefore be it

3       RESOLVED, That the Senate designate Friday, February 7, 2014,  
4 as "National Wear Red Day" in Pennsylvania in recognition of the  
5 ongoing fight against heart disease and stroke and urge all  
6 citizens to show their support for women and the fight against  
7 heart disease by commemorating this day by wearing red.