
THE GENERAL ASSEMBLY OF PENNSYLVANIA

SENATE RESOLUTION

No. 351 Session of
2024

INTRODUCED BY ARGALL, BROWN, VOGEL, HUTCHINSON, MARTIN, FONTANA,
HUGHES, COMITTA, KANE, CULVER AND COSTA, OCTOBER 7, 2024

REFERRED TO RULES AND EXECUTIVE NOMINATIONS, OCTOBER 7, 2024

A RESOLUTION

1 Recognizing the month of October 2024 as "National Chiropractic
2 Health Month" in Pennsylvania.

3 WHEREAS, The years we live in good health without major
4 chronic illnesses and disability are known as our healthspan and
5 along with cardiovascular health, metabolic health and other
6 factors, musculoskeletal (MSK) health is an important factor in
7 extending our healthspan; and

8 WHEREAS, Comprised of the bones, muscles and joints, the MSK
9 system enables us to remain physically active as we age, and
10 physical activity is one of the most powerful contributors to
11 health and longevity; and

12 WHEREAS, A strong MSK system helps us to continue working and
13 engaging in daily activities as we age, enabling us to maintain
14 independence and continue doing what matters most; and

15 WHEREAS, A strong MSK system contributes to better balance as
16 we age, helping to prevent falls that can lead to disability and
17 death among the elderly; and

18 WHEREAS, In the United States, MSK conditions are a common

1 cause of chronic pain and result in more than 130 million health
2 care visits annually, making them the number one reason people
3 visit their doctor; and

4 WHEREAS, Worldwide, back pain is the single leading cause of
5 disability and historically one of the most common reasons that
6 people in the United States are prescribed opioids; and

7 WHEREAS, The number of people worldwide living with back pain
8 is projected to increase by 36% to more than 800 million over
9 the next 30 years; and

10 WHEREAS, Doctors of Chiropractic are experts in MSK health
11 and offer a variety of nondrug approaches to treat common
12 musculoskeletal conditions such as back pain, along with advice
13 on nutrition, injury prevention, ergonomics and lifestyle
14 modifications for optimal health and wellness; and

15 WHEREAS, Guidelines for the treatment of low back pain or
16 chronic pain by the American College of Physicians, the Centers
17 for Disease Control and Prevention and other groups support the
18 use of noninvasive, nondrug approaches, such as spinal
19 manipulation, as a first line of defense against back pain,
20 before the use of pain medications and surgery; and

21 WHEREAS, With the theme "Chiropractic: Plan for a Strong
22 Healthspan," "National Chiropractic Health Month" 2024 reminds
23 residents of this Commonwealth that chiropractors can help
24 maintain and improve their MSK health throughout their lifetime,
25 contributing to a strong healthspan; therefore be it

26 RESOLVED, That the Senate recognize the month of October 2024
27 as "National Chiropractic Health Month" in Pennsylvania.