

SENATE BILL 1983

By Bowling

AN ACT to amend Tennessee Code Annotated, Title 49, Chapter 1; Title 49, Chapter 2 and Title 49, Chapter 6, relative to physical activity for students.

BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF TENNESSEE:

SECTION 1. Tennessee Code Annotated, Section 49-6-1021, is amended by deleting the section and substituting instead the following:

(a) In accordance with § 49-6-1022, it shall be the duty of each LEA to integrate:

(1) For students in kindergarten through grade one (K-1), a minimum of three (3) fifteen-minute periods of non-structured physical activity per day;

(2) For students in grades two through grade (2-6), a minimum of two (2) twenty-minute periods of non-structured physical activity at least four (4) days a week; and

(3) For students in grades seven through twelve (7-12), a minimum of ninety (90) minutes of physical activity per week, which may include walking, jumping rope, playing volleyball, or other forms of physical activity that promote fitness and well-being; however, walking to and from class shall not be considered physical activity for the purposes of this subdivision (a)(3).

(b) For purposes of this section, "non-structured physical activity" means a temporary withdrawal or cessation from usual school work or sedentary activities during which an opportunity for rigorous physical activity is provided. "Non-structured physical activity" does not mean walking to and from class.

SECTION 2. This act shall take effect July 1, 2016, the public welfare requiring it, and shall apply to the 2016-2017 academic years and academic years thereafter.