

118TH CONGRESS
1ST SESSION

H. R. 2456

To direct the Secretary of Health and Human Services, acting through the Deputy Assistant Secretary for Women’s Health, to create educational materials with respect to covered disorders for elementary and secondary school students, and for other purposes.

IN THE HOUSE OF REPRESENTATIVES

MARCH 30, 2023

Ms. WILLIAMS of Georgia (for herself, Ms. LOIS FRANKEL of Florida, Mr. CLEAVER, Ms. VELÁZQUEZ, and Ms. BARRAGÁN) introduced the following bill; which was referred to the Committee on Education and the Workforce, and in addition to the Committee on Energy and Commerce, for a period to be subsequently determined by the Speaker, in each case for consideration of such provisions as fall within the jurisdiction of the committee concerned

A BILL

To direct the Secretary of Health and Human Services, acting through the Deputy Assistant Secretary for Women’s Health, to create educational materials with respect to covered disorders for elementary and secondary school students, and for other purposes.

1 *Be it enacted by the Senate and House of Representa-*
2 *tives of the United States of America in Congress assembled,*

3 **SECTION 1. SHORT TITLE.**

4 This Act may be cited as the “Know Your Body Act”.

1 **SEC. 2. EDUCATIONAL MATERIALS.**

2 (a) IN GENERAL.—Not later than one year after the
3 date of enactment of this Act, and at least every five years
4 thereafter, the Secretary of Health and Human Services,
5 acting through the Deputy Assistant Secretary for Wom-
6 en’s Health, shall—

7 (1) create or update evidence-based, medically
8 accurate educational materials with respect to cov-
9 ered disorders, including—

10 (A) the timing, signs, and symptoms of
11 each covered disorder;

12 (B) the impacts of covered disorders on the
13 physical, emotional, social, and academic life of
14 an individual;

15 (C) statistics on covered disorders;

16 (D) evidence-based, medically accurate best
17 practices on how an individual with a covered
18 disorder can be a health care advocate for such
19 individual; and

20 (E) evidence-based, medically accurate
21 treatment options for covered disorders, includ-
22 ing evidence-based, medically accurate rec-
23 ommendations for follow-up care from a health
24 care provider;

25 (2) in consultation with the Secretary of Edu-
26 cation, make such materials—

1 (A) widely accessible and publicly available
2 to students of elementary schools and secondary
3 schools; and

4 (B) informative and understandable to
5 such students; and

6 (3) provide guidance to elementary schools and
7 secondary schools on how the materials may be used,
8 including—

9 (A) integrating the materials into a cur-
10 rriculum; and

11 (B) distributing the materials to students.

12 (b) DEFINITIONS.—In this section:

13 (1) COVERED DISORDERS.—The term “covered
14 disorders” means uterine, ovarian, and related hor-
15 monal and menstrual disorders, such as endo-
16 metriosis, uterine fibroids, and polycystic ovary syn-
17 drome.

18 (2) ESEA TERMS.—The terms “elementary
19 school” and “secondary school” have the meanings
20 given such terms in section 8101 of the Elementary
21 and Secondary Education Act of 1965 (20 U.S.C.
22 7801).

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