

118TH CONGRESS  
2D SESSION

# H. R. 9179

To amend title 38, United States Code, to establish the Office of Falls Prevention of the Department of Veterans Affairs, and for other purposes.

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## IN THE HOUSE OF REPRESENTATIVES

JULY 26, 2024

Ms. BUDZINSKI (for herself, Ms. LOIS FRANKEL of Florida, Mrs. KIGGANS of Virginia, Mr. BERGMAN, and Mr. BILIRAKIS) introduced the following bill; which was referred to the Committee on Veterans' Affairs, and in addition to the Committee on Education and the Workforce, for a period to be subsequently determined by the Speaker, in each case for consideration of such provisions as fall within the jurisdiction of the committee concerned

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## A BILL

To amend title 38, United States Code, to establish the Office of Falls Prevention of the Department of Veterans Affairs, and for other purposes.

1 *Be it enacted by the Senate and House of Representa-*  
2 *tives of the United States of America in Congress assembled,*

3 **SECTION 1. SHORT TITLE.**

4 This Act may be cited as the “Supporting Access to  
5 Falls Education and prevention and Strengthening Train-  
6 ing Efforts and Promoting Safety initiatives for Veterans

1 Act of 2024” or the “SAFE STEPS for Veterans Act of  
2 2024”.

3 **SEC. 2. ESTABLISHMENT OF OFFICE OF FALLS PREVEN-**  
4 **TION OF DEPARTMENT OF VETERANS AF-**  
5 **FAIRS.**

6 (a) ESTABLISHMENT OF OFFICE.—

7 (1) IN GENERAL.—Subchapter I of chapter 73  
8 of title 38, United States Code, is amended by in-  
9 serting after section 7310A the following new sec-  
10 tion:

11 **“§ 7310B. Office of Falls Prevention**

12 “(a) OFFICE.—

13 “(1) ESTABLISHMENT AND OPERATION.—The  
14 Under Secretary for Health shall establish and oper-  
15 ate in the Veterans Health Administration the Office  
16 of Falls Prevention (in this section referred to as the  
17 ‘Office’).

18 “(2) LOCATION OF OFFICE.—The Office shall  
19 be located at the Central Office of the Department.

20 “(3) LEADERSHIP.—

21 “(A) HEAD.—The head of the Office is the  
22 Chief Officer of Falls Prevention (in this sec-  
23 tion referred to as the ‘Chief Officer’).

24 “(B) REPORTING.—The Chief Officer shall  
25 report to the Under Secretary for Health.

1           “(4) STAFFING AND SUPPORT.—The Under  
2           Secretary for Health shall provide the Office with  
3           such staff and other support as may be necessary  
4           for the Office to carry out effectively the functions  
5           of the Office under this section.

6           “(5) REORGANIZATION.—The Under Secretary  
7           for Health may reorganize existing offices within the  
8           Veterans Health Administration as of the date of  
9           the enactment of this section in order to avoid dupli-  
10          cation with the functions of the Office.

11          “(b) FUNCTIONS.—The functions of the Office in-  
12          clude the following:

13               “(1) To provide a central office for monitoring  
14               and encouraging the activities of the Veterans  
15               Health Administration with respect to the provision,  
16               evaluation, and improvement of health care services  
17               relating to falls prevention provided to veterans by  
18               the Department, with the goal of averting costly  
19               health care utilization while decreasing the incidence  
20               of falls.

21               “(2) To develop and implement standards of  
22               care for the provision by the Department of health  
23               care services relating to falls prevention.

24               “(3) To monitor and identify deficiencies in  
25               standards of care for the provision of health care

1 services relating to falls prevention, to provide tech-  
2 nical assistance to medical facilities of the Depart-  
3 ment, to provide technical assistance to programs of  
4 the Department that support veterans in their own  
5 homes, to address and remedy deficiencies of such  
6 facilities and programs, and to perform oversight of  
7 implementation of such standards of care.

8 “(4) To monitor and identify deficiencies in  
9 standards of care for the provision of health care  
10 services relating to falls prevention through the com-  
11 munity pursuant to this title and to provide rec-  
12 ommendations to the appropriate office to address  
13 and remedy any deficiencies.

14 “(5) To oversee distribution of resources and  
15 information related to falls prevention for veterans  
16 under this title.

17 “(6) To promote the expansion and improve-  
18 ment of clinical, research, and educational activities  
19 of the Veterans Health Administration with respect  
20 to health care services relating to falls prevention,  
21 including research activities on falls prevention con-  
22 ducted between the Office of Research and Develop-  
23 ment of the Department and the National Institute  
24 on Aging.

1           “(7) To promote the development or expansion  
2 of rigorous quality assessment or improvement proc-  
3 esses designed to prevent falls, including through co-  
4 ordination and collaboration with offices within the  
5 Department determined appropriate by the Sec-  
6 retary.

7           “(8) To coordinate home modification and ad-  
8 aptation programs administered by the Under Sec-  
9 retary for Benefits under chapter 21 of this title and  
10 the Under Secretary for Health under section  
11 1717(a)(2) of this title.

12           “(9) To carry out such other duties as the  
13 Under Secretary for Health may require.

14           “(c) PUBLIC EDUCATION CAMPAIGN.—The Chief Of-  
15 ficer shall—

16           “(1) oversee and support a national education  
17 campaign that—

18           “(A) is directed principally to veterans de-  
19 termined to be at risk for falls, their families,  
20 and their health care providers; and

21           “(B) focuses on—

22           “(i) reducing falls, falls with major in-  
23 jury, and repeat falls for veterans receiving  
24 care under the laws administered by the  
25 Secretary; and

1                   “(ii) increasing awareness of available  
2                   benefits, grants, devices, or services pro-  
3                   vided by the Department that would aid  
4                   veterans in reducing falls and preventing  
5                   repeat falls; and

6                   “(2) award grants or contracts to qualified or-  
7                   ganizations for the purpose of supporting local edu-  
8                   cation campaigns focusing on reducing falls, falls  
9                   with major injury, and repeat falls for veterans re-  
10                  ceiving care under the laws administered by the Sec-  
11                  retary.

12                  “(d) RESEARCH ON FALLS PREVENTION PROGRAMS  
13 FOR VETERAN POPULATIONS.—

14                  “(1) IN GENERAL.—The Chief Officer shall  
15                  work with the Office of Research and Development  
16                  of the Department and the National Institute on  
17                  Aging to develop research for evidence-based falls  
18                  prevention programs that will benefit veterans, in-  
19                  cluding—

20                         “(A) programs that overlap with the prior-  
21                         ities of the Department;

22                         “(B) programs that may focus on or be of  
23                         particular benefit to veterans; and

24                         “(C) programs that may include partici-  
25                         pants with multiple comorbidities.

1           “(2) MATTERS TO BE INCLUDED.—The re-  
2           search required under paragraph (1) shall include  
3           the following:

4                   “(A) Research in supporting veterans with  
5                   and without service-connected disabilities receiv-  
6                   ing home modification grants under section  
7                   1717 or 2101 of this title.

8                   “(B) Development of recommendations for  
9                   falls prevention interventions for veterans with  
10                  service-connected disabilities, including home  
11                  modification interventions.

12                  “(C) Research addressing medication man-  
13                  agement and polypharmacy as risk factors for  
14                  falls prevention and developing recommenda-  
15                  tions for providers and electronic health records  
16                  systems of the Department to monitor for vet-  
17                  erans at risk of falls based on use of certain  
18                  medications.

19                  “(D) Research on improvements for safe  
20                  patient handling and mobility among veterans,  
21                  particularly in facilities (both medical and non-  
22                  medical) that are not spinal cord injury centers.

23           “(3) SUBJECT MATTER EXPERT PANEL.—

24                   “(A) IN GENERAL.—The Secretary and the  
25                  Director of the National Institute on Aging

1 shall establish a joint subject matter expert  
2 panel to develop recommendations as required  
3 under paragraph (2)(B).

4 “(B) MEMBERSHIP.—The subject matter  
5 expert panel required under subparagraph (A)  
6 shall be comprised of eight members, of  
7 which—

8 “(i) four shall be appointed by the  
9 Secretary; and

10 “(ii) four shall be appointed by the  
11 Director of the National Institute on  
12 Aging.”.

13 (2) ESTABLISHMENT OF JOINT SUBJECT MAT-  
14 TER EXPERT PANEL.—Not later than 180 days after  
15 the date of the enactment of this Act, the Secretary  
16 of Veterans Affairs and the Director of the National  
17 Institute on Aging shall establish the joint subject  
18 matter expert panel required under section  
19 7310B(d)(3) of title 38, United States Code, as  
20 added by paragraph (1).

21 (3) CLERICAL AMENDMENT.—The table of sec-  
22 tions at the beginning of such chapter is amended  
23 by inserting after the item relating to section 7310A  
24 the following new item:

“7310B. Office of Falls Prevention.”.

1 (b) EXPANSION OF INTERAGENCY COORDINATING  
2 COMMITTEE ON HEALTHY AGING AND AGE-FRIENDLY  
3 COMMUNITIES.—Section 203(c) of the Older Americans  
4 Act of 1965 (42 U.S.C. 3013(c)) is amended—

5 (1) in paragraph (2), by inserting “the Sec-  
6 retary of Veterans Affairs,” after “the Commissioner  
7 of Social Security,”; and

8 (2) in paragraph (7), in the matter preceding  
9 subparagraph (A)—

10 (A) by inserting “the Committee on Vet-  
11 erans’ Affairs of the House of Representatives,”  
12 after “the Committee on Ways and Means of  
13 the House of Representatives,”; and

14 (B) by inserting “the Committee on Vet-  
15 erans’ Affairs of the Senate,” after “the Com-  
16 mittee on Health, Education, Labor, and Pen-  
17 sions of the Senate,”.

18 (c) SAFE HANDLING TRANSFER TECHNIQUES.—Not  
19 later than 180 days after the date of the enactment of  
20 this Act, the Secretary of Veterans Affairs shall issue or  
21 update directives of the Veterans Health Administration  
22 for facilities and providers relating to safe patient han-  
23 dling and mobility policies at the national, Veterans Inte-  
24 grated Service Network, and health-care system levels,  
25 which shall include the following:

1           (1) Requiring biennial training for providers,  
2 including that all providers be trained in safe patient  
3 handling and use of mobility aids and mobility tech-  
4 niques.

5           (2) Requiring that any medical facility where  
6 patients may need assistance with transfer or mobil-  
7 ity have access to safe patient handling and mobility  
8 technology appropriate for the setting to enable safe  
9 transfer and mobilization for access to care and ac-  
10 tivities of daily living for veterans who are paralyzed  
11 or who need assistance with mobility.

12           (3) Requiring that all emergency settings have  
13 immediate access to safe patient handling and mobil-  
14 ity technology to enable safe transfer, fall recovery,  
15 and repositioning.

16           (d) PILOT PROGRAM ON FALLS PREVENTION INTER-  
17 VENTIONS TIED TO RESIDENTIAL ADAPTATIONS AND AL-  
18 TERATIONS.—

19           (1) DETERMINATION.—The Secretary of Vet-  
20 erans Affairs shall determine the feasibility and ad-  
21 visability of carrying out a pilot program to provide  
22 home improvements and structural alterations to  
23 prevent falls for all veterans eligible for those serv-  
24 ices under the laws administered by the Secretary.

1           (2) PLAN.—Not later than one year after the  
2 date of the enactment of this Act, the Secretary  
3 shall submit to Congress a report—

4           (A) indicating the plans of the Secretary to  
5 carry out a pilot program to provide home im-  
6 provements and structural alterations to pre-  
7 vent falls for all veterans eligible for those serv-  
8 ices under the laws administered by the Sec-  
9 retary; or

10           (B) specifying why the Secretary deter-  
11 mined under paragraph (1) that it is not fea-  
12 sible or advisable to carry out such a pilot pro-  
13 gram.

14           (3) REPORT ON LESSONS LEARNED.—If the  
15 Secretary carries out the pilot program described in  
16 paragraph (1), not later than 180 days after the ter-  
17 mination of the pilot program, the Chief Officer of  
18 Falls Prevention of the Department of Veterans Af-  
19 fairs established under section 7310B(a)(3)(A) of  
20 title 38, United States Code, as added by subsection  
21 (a)(1), shall submit to Congress a report on lessons  
22 learned from the pilot program and any rec-  
23 ommendations on extending or expanding the pilot  
24 program.

25           (e) REPORT ON FALLS PREVENTION INITIATIVES.—

1           (1) IN GENERAL.—Not later than two years  
2 after the date of the enactment of this Act, or one  
3 year after the appointment of the Chief Officer of  
4 Falls Prevention of the Department of Veterans Af-  
5 fairs established under section 7310B(a)(3)(A) of  
6 title 38, United States Code, as added by subsection  
7 (a)(1), whichever occurs first, the Chief Officer, or  
8 the Under Secretary for Health of the Department  
9 of Veterans Affairs if a Chief Officer has not yet  
10 been appointed, shall submit to Congress a report on  
11 falls prevention initiatives within the Department.

12           (2) ELEMENTS.—The report required by para-  
13 graph (1) shall evaluate, for the three-year period  
14 preceding the date of the enactment of this Act—

15                   (A) screening procedures at facilities of the  
16 Veterans Health Administration for risk of falls  
17 and the prevalence of resulting falls prevention  
18 interventions;

19                   (B) the use by the Department of elec-  
20 tronic health record documentation for risk of  
21 falls among veterans;

22                   (C) the number of home modification  
23 grants provided under either the Home Im-  
24 provements and Structural Alterations Program  
25 of the Department under section 1717 of title

1 38, United States Code, or the Specially Adapt-  
2 ed Housing Program of the Department under  
3 section 2101 of such title;

4 (D) the extent to which grants provided  
5 under the programs specified under subpara-  
6 graph (C) prevent falls among veterans and any  
7 recommendations with respect to such programs  
8 in the case of falls among veterans that were  
9 not prevented;

10 (E) for veterans eligible for the Home Im-  
11 provements and Structural Alterations Program  
12 of the Department under section 1717 of title  
13 38, United States Code, pursuant to subsection  
14 (a)(2)(B) of such section, the number of home  
15 modification grants provided to each veteran in  
16 receipt of such a grant;

17 (F) the types of providers that have con-  
18 ducted medical assessments leading to a rec-  
19 ommendation for a home modification tied to  
20 medical necessity, and any recommendations for  
21 legislative or administrative action to expand  
22 the list of providers eligible to conduct medical  
23 assessments leading to a recommendation for a  
24 home modification;

1 (G) home evaluation processes that are  
2 conducted in connection with awards made  
3 under the programs specified under subpara-  
4 graph (C) and any recommendations for im-  
5 proving the evaluation and review process;

6 (H) reporting programs and software of  
7 the Department used to capture incidences of  
8 falls in care sites of the Veterans Health Ad-  
9 ministration and other veterans' settings;

10 (I) limitations on uptake and use of cur-  
11 rent prevention, screening, and intervention  
12 programs designed to address falls prevention;  
13 and

14 (J) recommendations for the Secretary of  
15 Veterans Affairs to work with the Centers for  
16 Disease Control and Prevention, or other enti-  
17 ties determined appropriate by the Secretary, to  
18 better capture data on falls by a veteran occur-  
19 ring in the home or in the community.

20 **SEC. 3. ESTABLISHMENT OF FALLS ASSESSMENT AND FALL**  
21 **PREVENTION SERVICE REQUIREMENTS FOR**  
22 **VETERANS.**

23 (a) **REQUIRED NURSING HOME CARE.**—Section  
24 1710A of title 38, United States Code, is amended by  
25 striking subsection (d) and inserting the following:

1       “(d) In the case of an individual determined by a phy-  
2 sician to have fallen or to have been at risk of falling dur-  
3 ing the previous one-year period, the Secretary shall en-  
4 sure that a licensed physical therapist or a licensed occu-  
5 pational therapist conducts a falls risk assessment for the  
6 individual and provides fall prevention services during the  
7 stay of the individual in the nursing home.

8       “(e) The provisions of subsection (a) shall terminate  
9 on September 30, 2028.”.

10       (b) EXTENDED CARE SERVICES.—Section 1710B(a)  
11 of such title is amended by adding at the end the following  
12 new paragraph:

13               “(7) The conduct of an annual falls risk assess-  
14 ment and the provision of fall prevention services by  
15 a licensed physical therapist or licensed occupational  
16 therapist.”.

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