

118TH CONGRESS  
2D SESSION

# H. RES. 1418

Supporting the designation of March 2024 as Endometriosis Awareness  
Month.

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## IN THE HOUSE OF REPRESENTATIVES

AUGUST 30, 2024

Mr. DAVID SCOTT of Georgia (for himself, Mrs. GONZÁLEZ-COLÓN, Ms. WILLIAMS of Georgia, Ms. CHU, Ms. CLARKE of New York, Ms. NORTON, and Ms. WASSERMAN SCHULTZ) submitted the following resolution; which was referred to the Committee on Energy and Commerce

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## RESOLUTION

Supporting the designation of March 2024 as Endometriosis  
Awareness Month.

Whereas endometriosis is a disease in which the type of tissue that normally grows in the uterus (the endometrium) also grows outside of the uterus;

Whereas endometriosis is one of the most common gynecological diseases in women, and occurs in 1 in 10 women of reproductive age;

Whereas the cause of endometriosis is not known, but risk factors include—

- (1) having a mother, sister, or daughter with endometriosis;
- (2) menstrual cycles that started at an early age;

(3) menstrual cycles that are short; and

(4) periods that are heavy and last more than 7 days;

Whereas, for many women, the only way currently available to be certain of an endometriosis diagnosis is to have a surgical procedure known as a laparoscopy;

Whereas endometriosis primarily affects women in their 30s and 40s, but can affect any woman who menstruates;

Whereas women experience a delay from three to eleven years between the first symptoms of pain and the final endometriosis diagnosis, which can lead to lower quality of life and high medical costs;

Whereas for many girls and women, endometriosis is a life-long chronic disease that can affect relationships, school, work, fertility, and daily life;

Whereas the primary symptoms of endometriosis include pain and infertility, and many with endometriosis live with debilitating, chronic pain;

Whereas approximately 75 percent of women with endometriosis experience a misdiagnosis;

Whereas the management of symptoms of endometriosis may include low-dose oral contraceptives, intrauterine devices (IUDs), painkillers, including nonsteroidal anti-inflammatory drugs (NSAIDs), and gonadotropin-releasing hormone (GnRH) agonist therapy;

Whereas endometriosis is associated with increased health care costs and poses a substantial burden to patients in the health care system;

Whereas, in the United States, the estimated average direct health care cost associated with endometriosis per patient is more than \$13,000 per year;

Whereas 40 percent of women with endometriosis report impaired career growth due to endometriosis, and approximately 50 percent of women with endometriosis experience a decreased ability to work;

Whereas the Centers for Disease Control and Prevention found that the average number of “bed days” for patients with endometriosis was 18 days per year;

Whereas women with endometriosis can lose 11 hours per workweek through lost productivity;

Whereas the physical and psychological impact of endometriosis affects all domains of life, including social life, relationships, and work;

Whereas medical societies and patient groups have expressed the need for greater public attention and updated resources targeted to public education about this unmet health need for women;

Whereas there is a need for more research and updated guidelines to treat endometriosis;

Whereas there is an ongoing need for additional clinical research and treatment options to manage this debilitating disease; and

Whereas there is no known cure for endometriosis: Now, therefore, be it

1        *Resolved*, That the House of Representatives—

2                (1) strongly supports the goals and ideals of

3        Endometriosis Awareness Month;

1           (2) recognizes the need for early detection and  
2           treatment of endometriosis, increased education for  
3           health care providers, and more culturally competent  
4           care;

5           (3) remains committed to supporting and fund-  
6           ing endometriosis research for more effective treat-  
7           ments, increasing fertility, and, ultimately, a cure;  
8           and

9           (4) encourages the people of the United States  
10          to observe the month with appropriate awareness  
11          and educational activities.

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