

**JOINT RESOLUTION CONDEMNING ABUSIVE COACHING PRACTICES**

2024 GENERAL SESSION

STATE OF UTAH

**Chief Sponsor: Sahara Hayes**

Senate Sponsor: \_\_\_\_\_

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**LONG TITLE**

**General Description:**

This resolution condemns abusive coaching practices in Utah schools.

**Highlighted Provisions:**

This resolution:

- ▶ recognizes a power imbalance between a coach and student athletes;
- ▶ condemns abusive coaching practices from coaches; and
- ▶ calls on Utah schools to provide safe and supportive environments for student athletes.

**Special Clauses:**

None

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*Be it resolved by the Legislature of the state of Utah:*

WHEREAS, coaches are responsible for supporting and protecting their student athletes and treating them with dignity;

WHEREAS, there is a power imbalance between coaches and student athletes in which athletes do not have a significant voice;

WHEREAS, research shows that people and children perform better in positive, safe, encouraging, and supportive environments;

WHEREAS, throwing objects, using obscene language, name-calling, threatening to



28 revoke athletic scholarships, supporting and encouraging eating disorders, and other actions  
29 can constitute abuse;

30 WHEREAS, physical, verbal, or emotional abuse degrades student athletes, diminishes  
31 student athletes' interest in sports, damages self-esteem, harms mental health, and impacts  
32 academic performance; and

33 WHEREAS, student athletes fear retaliation and repercussions from speaking out  
34 against abusive practices from coaches:

35 NOW, THEREFORE, BE IT RESOLVED that the Legislature of the state of Utah  
36 recognizes the importance of protecting student athletes and condemns abusive coaching  
37 practices in Utah schools.

38 BE IT FURTHER RESOLVED that the Legislature encourages Utah schools to create  
39 positive environments for student athletes by penalizing abusive coaching practices in school  
40 sports.

41 BE IT FURTHER RESOLVED that the Legislature encourages school sports teams to  
42 incorporate ~~Ĥ~~ → [social-emotional learning] ← ~~Ĥ~~ practices to support healthy relationships and  
42a mindsets.