HOUSE BILL 2280

State of Washington 68th Legislature 2024 Regular Session

By Representatives Rule and Nance; by request of Superintendent of Public Instruction

AN ACT Relating to establishing a statewide network for student mental and behavioral health to maintain, expand, and provide oversight to Washington's school-based mental and behavioral health system for children and adolescents across the state; adding new sections to chapter 28A.300 RCW; adding a new section to chapter 28A.310 RCW; and creating a new section.

7 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

8 NEW SECTION. The legislature recognizes that many Sec. 1. 9 children and students struggle with mental health, substance use, and 10 behavioral health challenges that impact their ability to engage in 11 learning and develop pathways to wellness and success. The mental and 12 behavioral health crisis for children and youth in the United States 13 has reached a critical point. The legislature also recognizes that 14 behavioral health and wellness supports for K-12 students in 15 Washington are fragmented, with roles and responsibilities assigned 16 across several local and state agencies. The department of health, 17 the Washington state health care authority, and the office of the 18 superintendent of public instruction all play significant but 19 distinct roles, as do regional educational service districts, local 20 school districts, and community partners. Nonetheless, schools are a 21 natural setting for prevention and early intervention efforts and

1 provide aftercare and ongoing support because they are often a hub of 2 the community where youth reside.

3 The legislature also recognizes the investments made to support 4 student behavioral health and well-being and that despite those 5 investments, school districts lack the dedicated funding and 6 coordinated supports necessary to deploy comprehensive supports and 7 direct services across the behavioral health continuum for their 8 students.

9 Therefore, it is the intent of the legislature to create a 10 statewide network for student mental and behavioral health to 11 maintain, expand, and provide oversight to Washington's school-based 12 mental and behavioral health system for children and adolescents 13 across the state.

14 <u>NEW SECTION.</u> Sec. 2. A new section is added to chapter 28A.300
15 RCW to read as follows:

(1) Subject to the availability of amounts appropriated for this
specific purpose, the office of the superintendent of public
instruction shall provide state-level coordination to help schools
better identify and connect students to behavioral health supports in
school and interconnected community settings.

(2) At minimum, the office of the superintendent of public instruction shall, collaborate with the Washington association of educational service districts and other state agencies, including the health care authority, the department of health, and the department of children, youth, and families to:

(a) Develop a framework for coordinated student supports related
to behavioral health, including prevention and awareness, student
engagement, student access to school-based behavioral health
services, and strategic direction and goals for programming around
the full continuum of school-based behavioral health services;

31 (b) Coordinate with training and technical assistance entities 32 that can support local education agencies in designing, funding, and 33 implementing comprehensive student behavioral health supports based 34 on the framework established in (a) of this subsection;

35 (c) Collect and make available evidence-based practices, 36 including practices aligned with the Washington integrated student 37 supports protocol that support mental and behavioral health services 38 in school districts;

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1 (d) Facilitate student access to mental and behavioral health 2 supports and reduce barriers to school-based behavioral health 3 services;

4 (e) Deploy student school-based substance use and behavioral
5 health assessment, intervention, and referral activities in alignment
6 to promising and evidence-based practices;

7 (f) Develop and maintain foundational school substance abuse 8 prevention and intervention resources to address health and well-9 being impacts of drug use, including education to promote behaviors 10 that positively influence student behavioral health;

(g) Develop a review process for continuous improvement of services and to monitor impact and alignment of statewide efforts related to student behavioral health; and

(h) Support the required activities of the regional school-based mental and behavioral health student assistance program established in section 3 of this act.

17 (3) Subject to funds appropriated, the office of the 18 superintendent of public instruction shall support and implement 19 elements from the strategic plan developed by the strategic plan 20 advisory group established by section 1, chapter 76, Laws of 2022.

21 <u>NEW SECTION.</u> Sec. 3. A new section is added to chapter 28A.310 22 RCW to read as follows:

(1) Subject to the availability of amounts appropriated for this 23 24 specific purpose, the regional school-based mental and behavioral 25 health student assistance program is established. The purpose of the program is to support increased regional deployment of behavioral and 26 27 mental health supports, including substance abuse prevention and 28 intervention services in communities with limited access to behavioral and mental health services across Washington state. The 29 30 Washington association of educational service districts shall provide 31 overall coordination of the program across the regions.

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(2) At a minimum, each regional program must:

33 (a) Work in conjunction with the office of the superintendent of 34 public instruction as prescribed in section 2 of this act and 35 permitted under RCW 28A.310.470 to form a statewide network for 36 student mental and behavioral health;

37 (b) Provide aligned student behavioral health student assistance 38 prevention and intervention services in schools including, but not 39 limited to: 1 (i) Supporting multidisciplinary school teams for referral 2 coordination;

3 (ii) Conducting screening, referral, and care coordination 4 activities;

5 (iii) Providing individual and group intervention services using
6 evidence-based practices;

7 (iv) Delivering mental health and substance use classroom 8 education inclusive of prevention topics, such as opiates, vaping, 9 and mental health promotion;

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(v) Supporting behavioral health awareness campaigns; and

11 (vi) Providing and/or supporting parent and community learning 12 events.

13 (c) Support school districts in providing direct student 14 screening in both mental health and substance abuse;

(d) Collaborate as necessary and appropriate with regional school safety centers required by RCW 28A.310.510 by sharing information and student assistance resources to ensure alignment of behavioral health supports across the region; and

(e) Support behavioral health career pathways through hiring new
 nonlicensed staff who receive training, supervision, and internship
 opportunities to explore career pathways in behavioral health.

(3) Educational service districts that are licensed as behavioral health agencies may pilot the integration of telehealth services to support students in need of more focused mental health treatment support.

26 (4) The Washington association of education service districts27 shall support the regional programs by:

(a) Establishing consistent criteria for school participation inthe program;

30 (b) Establishing an overall evaluation and reporting of program 31 outcomes from across the regions; and

32 (c) Coordinating statewide data collection and reporting from the 33 regional programs.

34 <u>NEW SECTION.</u> Sec. 4. A new section is added to chapter 28A.300 35 RCW to read as follows:

36 (1) Subject to the availability of amounts appropriated for this 37 specific purpose, the office of the superintendent of public 38 instruction shall establish a grant program to support school 39 districts in developing and implementing a plan for recognition,

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1 screening, and response to emotional or behavioral distress in 2 students as required by RCW 28A.320.127.

3 (2) Grant funds must be prioritized for local education agencies 4 who have not been able to develop a plan for recognition, initial 5 screening, and response to emotional or behavioral distress.

6 (3) To the greatest extent possible, the office of the 7 superintendent of public instruction shall pair grantees with the 8 state and regional support structures established in sections 2 and 3 9 of this act to support local education agency planning, connect local 10 education agency staff to effective training and technical 11 assistance, and ensure community-center implementation.

12 (4) Funds may be used to support training, develop model school 13 safety policies and procedures, and identify and implement best 14 practices in school-based mental and behavioral health.

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