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## HOUSE BILL 2513

State of Washington 65th Legislature 2018 Regular Session

By Representatives Orwall, Holy, Kilduff, Pellicciotti, Ortiz-Self, Senn, and Stambaugh

AN ACT Relating to implementing a comprehensive approach to suicide prevention and behavioral health in higher education, with enhanced services to student veterans; adding new sections to chapter 43.70 RCW; adding a new section to chapter 28B.77 RCW; creating a new section; and providing an expiration date.

## 6 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

7 (1) Washington has been a leader in NEW SECTION. Sec. 1. addressing suicide as a public health issue. The legislature intends 8 9 for Washington to continue its leadership by supporting the creation 10 of comprehensive suicide prevention and behavioral health initiatives for postsecondary students. In 2015, the legislature created the 11 12 mental health and suicide prevention in higher education task force. 13 The task force was charged with determining the policies, resources, 14 and technical assistance needed to support postsecondary institutions in improving access to behavioral health services and improving 15 16 suicide prevention responses. In November 2016, the task force issued 17 on mental health and suicide prevention in higher its report 18 education.

- (2) According to the task force report:
- 20 (a) The 2005 American college health assessment survey found that 21 nine and one-half percent of students seriously considered suicide,

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- one and one-half percent of students nationwide have attempted suicide, and less than twenty percent were in treatment. According to the 2015 American college health association national college health assessment, seventy-five percent of postsecondary students reported feeling overwhelmed and thirty percent reported feeling so depressed it was difficult to function. More than one-third of students reported anxiety as negatively impacting academics and almost onequarter said depression negatively impacted academics;
  - (b) There is incomplete data on suicide deaths among Washington's postsecondary students and the availability of behavioral health resources on Washington's campuses. There is currently no statewide system in place to track this data;

- (c) Lack of funding for behavioral health resources across all sectors is the largest barrier to providing services for postsecondary students statewide;
- (d) Due to funding constraints, the level of professional mental and behavioral health counseling is often limited for postsecondary institutions in all sectors. For example, six institutions in the public two-year sector servicing nearly fifty thousand students have either no professional mental health providers to counsel students or have such limited resources that the counselor to student ratio was as low as one to nearly eight thousand five hundred in 2014-2015.
- (3) The legislature also recognizes that, as of 2016, there were over sixteen thousand student veterans and dependents enrolled in Washington's community and technical colleges, and approximately four thousand veterans and dependents enrolled in Washington's four-year institutions of higher education. The legislature recognizes that the risk for suicide is significantly higher among veterans when compared to nonveteran adults in the United States and that student veterans face unique challenges and often have vastly different life experiences from traditional students. According to a study presented a few years ago at an annual convention of the American psychological association, almost half of military veterans who are enrolled in college have contemplated suicide at some point and twenty percent have planned to kill themselves.
- 36 (4) The legislature intends to implement task force 37 recommendations by:
- 38 (a) Creating a publicly available statewide resource for 39 postsecondary institutions;
  - (b) Developing and centralizing data collection; and

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- 1 (c) Creating a grant program for resource-challenged institutions to help develop suicide prevention programs in those institutions, 2 which may include for example, enhancing treatment services to 3 student veterans; creating campus-wide crisis services; expanding 4 existing crisis plans to integrate suicide intervention; reentry, 5 6 including medical leave that supports reentry; postvention; and creating links and referral systems between campus behavioral health 7 resources and community-based mental health resources. 8
- 9 <u>NEW SECTION.</u> **Sec. 2.** A new section is added to chapter 43.70 10 RCW to read as follows:
  - (1) Subject to availability of amounts appropriated for this specific purpose, the department, in collaboration with the student achievement council, shall develop a statewide resource for behavioral health and suicide prevention for the state's postsecondary institutions.
  - (2) To establish the components of the statewide resource, the department shall convene and consult with a work group that consists of representatives from stakeholder groups the department deems appropriate. The department must consider representatives from the entities listed in the mental health and suicide prevention in higher education task force, created by chapter 67, Laws of 2015. At a minimum, the entities or persons in the work group must include:
    - (a) Representation from a tribal college;

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- (b) Representation from a veterans training support center;
- (c) Representation from students and families;
- 26 (d) Representatives selected by the educational opportunity gap 27 oversight and accountability committee;
  - (e) Representation from a community behavioral health provider;
  - (f) A suicide prevention expert; and
- 30 (g) Three institutional counseling center directors or executive 31 directors to include one from each of the following: A public four-32 year college or university, a private, nonprofit institution, and a 33 community and technical college.
  - (3) To develop the statewide resource, the department shall contract with an entity that has suicide prevention expertise. The department must consider recommendations made by the work group regarding choice of the contracting entity. The contracting entity must be responsible for constructing and hosting the statewide

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resource and linking the resource to the student achievement council's and the department's web sites.

(4) At a minimum, the statewide resource must:

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- 4 (a) Be made publicly available through a web-based portal or a support line;
  - (b) Provide a free curriculum to train faculty, staff, and students in suicide recognition and referral skills and in the specific needs of student veterans;
- 9 (c) Provide a resource to build capacity within the institutions 10 to train individuals to deliver training in person;
- 11 (d) Contain model crisis protocols, per sector, that include 12 behavioral health and suicide identification, intervention, reentry, 13 and postvention;
- 14 (e) Contain model marketing materials and messages that promote 15 student behavioral health on college campuses;
  - (f) Develop capacity for an annual conference for postsecondary institutions seeking to address students' behavioral health and suicide prevention needs. The contracting entity must be responsible for hosting the first conference for postsecondary institutions; and
- 20 (g) Include resources that will serve diverse communities and 21 underrepresented populations, including resources that are culturally 22 relevant.
- 23 (5) The statewide resource must be made available to 24 postsecondary institutions by June 30, 2020.
- NEW SECTION. Sec. 3. A new section is added to chapter 28B.77 RCW to read as follows:
  - (1) Subject to availability of amounts appropriated for this specific purpose, the suicide prevention in higher education grant program is established. The purpose of the grant program is to provide funding to postsecondary institutions for the institutions to create partnerships with health care entities to provide mental health, behavioral health, and suicide prevention to students in their institutions.
- 34 (2)(a) The council shall administer the grant program in 35 accordance with this section and in collaboration with the work group 36 convened by the department of health under section 2 of this act. The 37 council shall establish minimum criteria that grant recipients must 38 meet to be awarded a grant. The grant program must be implemented by 39 November 1, 2019.

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- 1 (b) The council must award the first six grants created under this section to public community and technical colleges. 2 selecting the public community and technical colleges to be awarded 3 the first six grants under this subsection, the council must consult 4 with the state board for community and technical colleges. The 5 6 council must identify which colleges have the greatest need along 7 with a clear and strong demonstration of leadership willingness to utilize the statewide resources created under section 2 of this act 8 9 and to develop partnerships to enhance capacity. From those identified colleges, proposals that enhance treatment services to 10 11 student veterans must be given priority. Once the first six grants 12 are awarded, the council may award grants to other postsecondary institutions that meet the council's criteria. 13
- 14 (3) For the purposes of this section, "postsecondary institutions" means institutions of higher education as defined in RCW 28B.10.016, degree-granting institutions as defined in RCW 28B.85.010, private vocational schools as defined under RCW 28C.10.020, and school as defined in RCW 18.16.020.
- NEW SECTION. Sec. 4. A new section is added to chapter 43.70 RCW to read as follows:
- 21 (1) Beginning June 1, 2019, and every June 1st thereafter until 22 2022, postsecondary institutions shall submit a report to the state 23 department of health for the purposes of establishing a baseline for 24 behavioral health concerns and responses at the institutions of 25 higher education.
  - (2) The annual report must include the following information as reported to the postsecondary institution, in compliance with the department of health's established data collection requirements, and if an institution does not collect or have access to the information it must indicate this in the report:
- 31 (a) The awareness of students, faculty, and staff regarding 32 behavioral health and suicide prevention resources;
  - (b) The institution's counselor-to-student ratio;
- 34 (c) The number of students referred to off-campus behavioral 35 health providers;
- 36 (d) The number of students identifying emotional distress as reasons for withdrawal;
  - (e) The number of student suicide deaths;

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- 1 (f) The number of student suicide attempts that result in 2 hospitalization;
  - (g) Information about dissemination of material to students about behavioral health resources that are available on and off campus;
  - (h) Confirmation of campus plans for suicide recognition and referral training that identifies groups receiving the required training and which groups are recommended to receive training in the future;
- 9 (i) The entity or entities on campus responsible for the 10 development and maintenance of the campus crisis plan that integrate 11 policies for suicide identification, intervention, reentry, and 12 postvention;
- 13 (j) The campus point person or persons responsible for the crisis 14 plan; and
- 15 (k) Information about behavioral health services and supports 16 available to veterans on campus.
- 17 (3) For purposes of this section, "postsecondary institutions" 18 has the same meaning as that term is defined in section 3 of this 19 act.
- 20 (4) This section expires December 31, 2022.

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- NEW SECTION. Sec. 5. A new section is added to chapter 43.70 RCW to read as follows:
  - (1) By December 31, 2018, for the purposes of collecting data on suicide prevention and behavioral health in higher education, the department shall identify data, methods for data collection, and data definitions to be used by postsecondary institutions required to submit annual reports under section 4 of this act. The department shall collaborate with the postsecondary institutions, as defined in section 3 of this act, in establishing data collection requirements and criteria.
- 31 (2) The department shall aggregate the information it receives by 32 sector and, by December 1st of each year, the department must submit 33 an aggregated summary report to the relevant committees of the 34 legislature. The department shall serve as the depository for annual 35 reports submitted by institutions of higher education under section 4 36 of this act.

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