

SENATE RESOLUTION

8669

By Senators Rivers, Cleveland, Kuderer, Dozier, Keiser, Mullet, Boehnke, Short, L. Wilson, Warnick, Valdez, and Torres

1 WHEREAS, Cardiovascular disease is the leading cause of death in
2 women, claiming more lives than all forms of cancer combined and yet
3 only 44 percent of women recognize that cardiovascular disease is
4 their greatest health threat; and

5 WHEREAS, Among females 20 years and older, nearly 45 percent are
6 living with some form of cardiovascular disease and less than half of
7 women entering pregnancy in the United States have optimal
8 cardiovascular health; and

9 WHEREAS, Cardiovascular disease is the leading cause of maternal
10 death in the United States, or more simply put, heart disease is the
11 Number One killer of new moms; and

12 WHEREAS, Overall, 10 percent to 20 percent of women will have a
13 health issue during pregnancy, and high blood pressure, preeclampsia,
14 and gestational diabetes during pregnancy greatly increase a woman's
15 risk for developing cardiovascular disease later in life; and

16 WHEREAS, Most cardiac and stroke events can be prevented through
17 education and lifestyle changes, such as moving more, eating smart,
18 and managing blood pressure; and

19 WHEREAS, In 2020, stroke caused the deaths of 90,627 females,
20 approximately 56.5 percent of total stroke deaths; and

21 WHEREAS, Women are often less likely to receive bystander
22 CPR because rescuers often fear accusations of inappropriate
23 touching, sexual assault, or injuring the victim; and

1 WHEREAS, There are significant biological differences
2 between men and women, and clinical trials have not always
3 adequately enrolled women or analyzed sex-specific differences
4 in the data, and, as of 2020, only 38 percent of cardiovascular
5 clinical research trial participants are women; and

6 WHEREAS, Since 2004, the American Heart Association's Go Red
7 for Women movement has addressed the awareness and clinical care
8 gaps of women's greatest health threat, cardiovascular disease,
9 and, on the cusp of the American Heart Association's 100th
10 anniversary, continues to make bold moves to save lives and
11 pioneer scientific discoveries;

12 NOW, THEREFORE, BE IT RESOLVED, That the Senate of the State
13 of Washington join the American Heart Association in celebrating
14 Friday, February 2, 2024, as National Wear Red Day to support
15 awareness about cardiovascular disease in women.

16 I, Sarah Bannister, Secretary of the Senate,
17 do hereby certify that this is a true and
18 correct copy of Senate Resolution 8669,
19 adopted by the Senate
20 February 15, 2024

21 SARAH BANNISTER
22 Secretary of the Senate